



USOC BIOGRAPHY

Jennifer Gibson, M.Sc., R.D., CSSD
Sport Dietitian

A full-time registered dietitian, Jennifer Gibson came to the U.S. Olympic Committee in 2011 and works with acrobat (diving, swimming and gymnastics) and combat (wrestling, judo, boxing, taekwondo and fencing) athletes at the Olympic Training Center in Colorado Springs, Colo. In addition to providing nutritional support for athletes at Pan American and Olympic Games, she also creates innovative sport nutrition approaches for athletes competing in weight-class sports.

In addition to her work at the USOC, Gibson also is an adjunct sport nutrition lecturer at the University of Colorado at Colorado Springs. Prior to joining the USOC, Gibson was a sport dietitian within the Canadian sport system, providing support to the national and Olympic teams for tennis, soccer, snowboarding, Paralympic skiing and softball. She also advised players the Vancouver Whitecaps and women's professional tennis athletes.



Gibson has been published in numerous journals, most recently in *Applied Psychology, Nutrition, and Metabolism* (2012), the *International Journal of Sport Nutrition & Exercise Metabolism* (2011) and the *Journal of Intellectual & Developmental Disability* (2011).

Gibson completed her bachelor's degree at Ryerson University and her dietetic education at the University Health Network in Toronto. Her masters' research - completed at the University of Victoria in Victoria, Canada - investigated nutrition and hydration in junior elite-level female athletes. A distinguished graduate of the IOC Diploma in Sport Nutrition, Gibson also is a Level II certified anthropometrist with the International Society for the Advancement of Anthropometry.

Gibson currently lives in Colorado Springs, Colo.