



# USOC BIOGRAPHY

## LESLI SHOOTER

Senior Sport Physiologist

Lesli Shooter currently serves as a senior sport physiologist for the United States Olympic Committee, where she assists athletes and coaches refine and optimize training and recovery response.

Previously, she served as a physiologist for the U.S. Ski and Snowboard Association, where she provided testing, training, and in-field support for six world cup seasons including two world championships and two Olympic Winter Games for the men's and women's alpine teams.

She has also served as a consultant for the Red Bull high performance team on a variety of unique projects, including specialized athlete testing and training camps. In that role she provided physiology support for an ultra-distance runner who ran from California to Missouri, covering 50 miles per day for 40 consecutive days. She also supported two professional motorsport athletes, who competed in NASCAR and Motocross.

Shooter received her Master of Science from Appalachian State University. She currently lives with her husband in Manitou Springs, Colo.

