

U.S. Paralympics Track & Field 2022 Athlete and Sport Program Plan

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DEFINITIONS

1. **“2022”**: The following dates and seasons:
 - a. Summer Sports – the 2022 season, which lasts January 1, 2022 through December 31, 2022
2. **“2023”**: The following dates and seasons:
 - a. Summer Sports – 2023 season / January 1, 2023 through December 31, 2023
3. **“Athlete Stipend”**: Previously referred to as Direct Athlete Support or DAS
4. **“EAHI”**: Elite Athlete Health Insurance
5. **“IF”**: an International Federation
 - a. ATH – World Para Athletics
 - b. CYC – Union Cycliste Internationale
 - c. SKA – World Para Alpine Skiing
 - d. SBD – World Para Snowboard
 - e. SKN – World Para Nordic Skiing
 - f. SWI – World Para Swimming
6. **“NGB”**: National Governing Body. For Para ATH, CYC, SKA, SBD, SKN, SWI, U.S. Paralympics serves as the NGB.
7. **“USADA”**: The U.S. Anti-Doping Agency
8. **“Guide”**: For the purposes of these procedures (except as noted throughout), guides will be considered athletes.

PROGRAM GOALS

The primary focus in 2022 is to continue to build a sustainable infrastructure that provides our program with a higher level of consistency that coaches and athletes can depend on. One of our primary goals includes implementing a development pathway that will provide a clear understanding of how an athlete can progress within Para Track & Field. We plan to increase financial resources for our athletes with increased stipend opportunities and with grant and development opportunities that extend beyond our National Team. We will provide opportunities for elite level athletes, 85% of the A standard and above, to obtain international classification if needed. We will prioritize our athletes’ overall wellness in the pursuit of their goals. Our goals always include working towards being the best in the World. Our goal is to continue to build a

sustainable infrastructure for talent identification, coaching education, officials' education, athlete retention and athlete development. Our focus in 2022 will include development of Paris 2024 hopefuls.

Specific activities in pursuit of these program goals will include:

- Provide access to competition opportunities for National Team athletes.
- Provide financial resources and incentives through athlete support programs for eligible athletes.
- Provide international classification opportunities for athletes who have obtained at least 85% of their A standard in a Paris 2024 event.
- Provide development opportunities for select athletes who have obtained at least 80% of their A standard in a Paris 2024 event.

2022 NATIONAL TEAM

U.S. Paralympics Track & Field will nominate National Team(s) for 2022, based on athlete performances outlined below.

Term 1: January 1, 2022 through June 30, 2022

Term 2: July 1, 2022 through December 31, 2022

- U.S. Paralympics 2022 National Team status applies from January 1, 2022 through June 30, 2022 (Term 1) and July 1, 2022, through December 31, 2022 (Term 2). National Team status and benefits are only awarded to athletes who accept, sign and remain current with their obligations under the U.S. Paralympics National Team Athlete Agreement and Personal Performance Plan.
- Athletes who meet a National Team standard during 2022, at a World Para Athletics (WPA) approved competition, become eligible for National Team benefits and will retain their National Team status through December 31, 2021. Athletes will be nominated to the team on the first day of the month following achievement of the National Team standard.
- Athletes nominated to the 2022 National Team(s) will be added to the USADA Registered Testing Pool and will be responsible for remaining compliant with all policies and procedures, required by USADA. More information regarding USADA can be found in Attachment E.
- Athletes nominated to the 2022 National Team(s) must be compliant with the USOPC COVID-19 Vaccination Requirement, USOPC Background Check Policy, USOPC Anti-Doping Policy, USOPC Code of Conduct for U.S. Paralympics National Teams and U.S. Paralympics Programs, USOPC Athlete Safety Policy and USOPC Minor Athlete Abuse Prevention Policy.
- Prior to being nominated to the National Team, athletes ***must have undergone international classification evaluation and hold an international Paralympic-eligible sport class*** as per the WPA master list and hold a current season license for Track & Field from WPA. Please note, guide athletes do not undergo international classification evaluation but must hold a

current season license for track & field from WPA and fulfill a guide role for a specified athlete on the National Team.

2022 International Classification Opportunities-

<https://www.paralympic.org/athletics/classification/evaluation-opportunities>

Athletes nominated to the National Team on January 1, 2022:

- Athletes who earned a Gold, Silver or Bronze medal at the Tokyo Paralympic Games.
- Athletes who placed 4th or 5th at the Tokyo Paralympic Games in the finals of their event. (The finals must have included a minimum of 8 competitors.)
- Athletes who obtained a 2022 National Team A or National Team B standard at a WPA approved competition between January 1, 2021 and November 30, 2021.
- Athletes who obtained a verified WPA World Record in 2021 in an event on the 2024 Paris Paralympic Games Medal Program. The record must place the athlete first in the World Rankings overall for the medal event.
- Guide athletes who are assigned to an athlete nominated to the team on January 1, 2022.

****Eligible events listed throughout this plan must be included on the 2024 Paris Paralympic Games program.****

Athletes who are nominated to the team on January 1, 2022 based on the criteria above must also achieve a National Team A or B standard in at least one Paris medal event between January 1, 2022 - June 30, 2022 OR must be nominated and accept their nomination to the WPA World Championships team to maintain their National Team status through December 31, 2022.

Athletes who do not obtain a National Team A or B standard by June 30, 2022 OR who are not nominated to the WPA World Championships team will be removed from the National Team effective July 1, 2022.

Guide Athletes nominated to the National Team on January 1, 2022:

- Guide athletes currently assigned to an athlete by U.S. Paralympics Track & Field staff and competing with an athlete who was nominated to the team on January 1, 2022 based on the criteria outlined above will be nominated to the team on January 1, 2022.

Athletes nominated to the National Team throughout 2022:

Athletes must meet one of the following criteria to be considered for nomination to the National Team in 2022. If criteria is met, the athlete will be added to the National Team at the start of the month following the competition when the criteria was met.

- Athletes who achieve the 2022 National Team A or B standard between January 1, 2022 and November 30, 2022 at an approved WPA competition.

Guide athletes nominated to the National Team throughout 2022:

All eligible and contracted guide athletes not assigned to or training directly with a National Team athlete may receive athlete stipends on an individual basis as agreed upon by the guide

athlete and U.S. Paralympics Track & Field staff. Guide athletes must meet the same requirements as National Team athletes including, but not limited to, having a WPA athlete license, and showing proof of performance from a verifiable WPA approved competition, USATF sanctioned meet or World Athletics sanctioned competition within the last 18 months.

National Team Tiers

Tier 1- Athletes nominated to Tier 1 must meet at least one of the following requirements.

Athletes who earned a Gold, Silver or Bronze medal at the Tokyo Paralympics Games in an event on the 2024 Paris Paralympic Games program will be nominated to Tier 1.

OR

Athletes who established a verified WPA World Record at a WPA Grand Prix competition between January 1, 2021 through December 31, 2021. In combined medal events, the World Record mark must place the athlete first overall in the combined WPA World Rankings. The athletes who meet these criteria will be nominated as Tier 1.

Athletes nominated to the team throughout 2022 can only be nominated to Tier 1 status if at least one of the following criteria is met.

- Athlete obtains a WPA verified World Record at a WPA Grand Prix competition held between January 1, 2022 and November 30, 2022. In combined medal events, the World Record mark must place the athlete first overall in the combined WPA World Rankings.
- Athlete obtains a Gold, Silver or Bronze in an individual event at the WPA World Championships.

If a Tier 1 athlete nominated on January 1, 2022 does not meet the National Team A or B standard in Term 1 OR if they are not nominated to and accept nomination to the WPA World Championships team, they will be removed from the National Team effective on July 1, 2022. If an athlete is removed from Tier 1 status at the end of Term 1, the athlete may only be nominated to the National Team using the process for athletes nominated through 2022 listed in this plan.

Tier 2- Athletes who achieve the U.S. Paralympics Track & Field 2022 National A Standard at a WPA approved competition between January 1, 2021 and December 31, 2021.

Athletes nominated to Tier 2 on January 1, 2022 must obtain a National A or B standard by June 30, 2022 OR be nominated to and accept nomination to the WPA World Championships team in order to maintain Tier 2 status. If a Tier 2 athlete does not obtain a National A or B standard in Term 1 between January 1, 2022 and June 30, 2022 they will be removed from the National Team effective July 1, 2022. If an athlete is removed from Tier 2 status at the end of Term 1, the athlete may only be nominated to the National Team using the process for athletes nominated through 2022 listed in this plan.

Tier 3- Athletes who achieve the U.S. Paralympics Track & Field 2022 National Team B Standard at a WPA approved event between January 1, 2022 and November 30, 2022 will be nominated as Tier 3. Athletes who competed in the finals of their respective event and placed 4th or 5th (with a minimum of 8 competitors in the final) at the Tokyo Paralympic Games will be nominated to Tier 3.

Athletes nominated to Tier 3 on January 1, 2022, must obtain a National B standard by June 30, 2022, in order to maintain Tier 3 funding in Term 2. If an athlete named to the team on January 1, 2022, does not obtain at least a National Team B standard by June 30, 2022, the athlete will be removed from the National Team effective July 1, 2022. If an athlete nominated to Tier 3 obtains a 2022 National A standard in 2022, they will be nominated to Tier 2 at the beginning of the following month and will remain on the National Team through Term 2.

If an athlete is removed from Tier 1, Tier 2, or Tier 3 at the end of Term 1 and then obtains a National Team A or B standard in Term 2, they will be nominated to the National Team utilizing the criteria for athletes nominated throughout 2022.

Talent Protection Program (TPP) - The purpose of the TPP is to offer support for athletes who for various reasons have not made the National Team however have demonstrated medal potential and/or the ability to make the WPA World Championships Team. Athletes who are not on the 2022 National Team but meet one or more of the following criteria are eligible to be in the TPP. Athletes in the TPP will be eligible to apply for athlete support funding outlined in the 2022 Athlete and Sport Program Plan. Athletes in the TPP may also receive invites to domestic competitions and camps. If not internationally classified, athletes must have been nationally classified at a U.S. Paralympics Track & Field approved national classification opportunity prior to the TPP eligible mark being achieved. The athlete must hold a current WPA athlete license, USA Track & Field athlete license, must be compliant with the USOPC COVID-19 Vaccination Requirement, USOPC Background Check Policy, USOPC Anti-Doping Policy, USOPC Code of Conduct for U.S. Paralympics National Teams and U.S. Paralympics Programs, USOPC Athlete Safety Policy and USOPC Minor Athlete Abuse Prevention prior to support and invitations to competitions and camps being offered.

There is no application process for eligible TPP athletes. U.S. Paralympics Track & Field will review submitted results at end of each month and directly notify eligible athletes that will be entered into the TPP. If you believe you have met the requirements of a TPP athlete and have not heard from U.S. Paralympics Track & Field staff, please contact us at USParaTFInfo@usopc.org.

- Athlete has a verifiable mark at a WPA approved competition and that mark places them in the Top 5 of their medal event in the WPA World Rankings. The result must be recognized by WPA, wind legal and be an event on the 2024 Paris Paralympic Games program for the athlete's eligible sport class.
- Athletes who were on the 2021 National Team in Term 2 and have demonstrated medal potential by remaining in the Top 8 of the 2021 WPA World Rankings as of 12/31/2021.

(There must be a minimum of 12 athletes in the WPA World Rankings of the respective medal event).

- Athletes who are not on the 2022 National Team and who are nominated and meet all requirements to be named to the WPA World Championships Team will be named to the TPP July 1, 2022.
- Athlete is eligible for and needed to complete the make-up of the Universal Relay Team due to specific sport class requirements for the Universal Relay.

If an athlete who was named to the TPP in Term 1 does not obtain a National A or B standard based on the criteria to be nominated to the National Team throughout 2022 as listed in the plan, and/or if the athlete does not receive a nomination and meet all requirements to be named to the World Championships team, they will be removed from the TPP effective July 1, 2022.

National Team Standards

2022 National Team standards (Attachment A) are based on the following:

- National Team A Standard: Best third-best performance (mark or time) from 2021 according to the 2021 WPA World Ranking List.
- National Team B Standard: Best fifth-best performance (mark or time) from 2021 according to the 2021 WPA World Ranking List.
- If a medal event does not have a minimum of 8 competitors on the WPA World Ranking List only a National Team A standard will apply to National Team Selection.

*** National Team status may not be earned based on performances in relays or team events unless noted. If an athlete competes in a medal event with combined classifications, the third-best and fifth-best performance overall amongst all combined classifications have been listed. In the event of a tie in the World Rankings within the Top 5, all athlete performances are still factored. (i.e. First Place- 11:02, Second Place Tie- 11:04, 11:04, Fourth Place- 11:05, Fifth Place, 11:06. The National Team A standard is 11:04 and the National Team B standard is 11:06 in this example). ***

2023 NATIONAL TEAM

U.S. Paralympics will nominate a Track & Field National Team(s) for 2023, based on athlete performance during the 2022 WPA World Championships and athlete performance at WPA approved competitions between January 1, 2022 and November 30, 2022. Athletes who meet the following criteria will be automatically nominated to the 2023 National Team on January 1, 2023.

- Athletes who earn Gold, Silver or Bronze medal at the WPA Senior World Championships.
- Athletes who place 4th or 5th in the finals of their event at the WPA Senior World Championships. (The finals must include a minimum of 8 competitors.)
- Athletes who obtain a 2023 National Team A or National Team B standard at a WPA approved competition between January 1, 2022 and November 30, 2022.

- Athletes who obtained a 2022 National Team A or National Team B standard between July 1, 2022 and November 30, 2022.
- Athletes who obtained a verified WPA World Record between January 1, 2022 and September 4, 2022 in an event on the 2024 Paris Paralympic Games Program. The record must place the athlete first in the World Rankings overall for the medal event.
- Guide athletes who are assigned to an athlete nominated to the team on January 1, 2023.

**Eligible events must be included on the 2024 Paris Paralympic Games Program. **

NATIONAL TEAM BENEFITS

National Team athletes MAY be eligible for the following benefits – all athlete support recommendations submitted by the NGB are subject to USOPC Paralympic Sport Performance approval:

1. USOPC Athlete Stipend (Attachment B)
2. Operation Gold
3. U.S. Paralympics Track & Field Additional Athlete Support Programs (Attachment C)
2. USOPC Elite Athlete Health Insurance Program (Attachment D)
3. Air transportation (or ground equivalent), lodging, ground transportation, meal per diem, and coaching support at designated U.S. Paralympics Track & Field training and competition activities.
4. USOPC Athlete Career & Education Program (<https://www.teamusa.org/athlete-career-and-education-program>).
5. Access to training at Chula Vista Elite Athlete Center (based on space availability)
6. Access to service providers including nutrition, sport psych, strength & condition, etc.
7. U.S. Paralympics National Team uniform.

EMERGING ATHLETES

Athletes who meet the Emerging standard during 2022, at a WPA sanctioned event, **may** be invited to participate in selected U.S. Paralympics Track & Field Program activities as outlined below. Invitation is at the discretion of U.S. Paralympics Track & Field.

2022 Emerging standards (Attachment A) are based on results 15% of the 2022 National Team A standard for events on the track and 25% for field events.

Athletes nominated to the Emerging Team must be internationally classified by WPA OR nationally classified by U.S. Paralympics Track & Field and ***hold a Paralympic-eligible sport class*** as per the IF and/or U.S. Paralympics master list and hold a current season license for Track & Field from WPA. Athletes nominated to the Emerging Team must complete the U.S. Paralympics Track & Field Questionnaire and USOPC policy requirements before being nominated to the Emerging Team. Please note, guide athletes do not undergo international classification evaluation but must meet WPA requirements to fulfill guide role for specified athlete.

2022 PROGRAM ACTIVITIES

The 2022 National Team(s) activities are outlined below. Athletes will be required to attend all 2022 activities included in their personal performance plan which will be developed in conjunction with the staff at U.S. Paralympics Track & Field.

Each athlete is responsible for individual arrangements (including expenses) to attend these activities (i.e. travel, lodging, accommodation, entries) **unless otherwise indicated** in the activity listing or the athlete's personal performance plan (as applicable).

National Team athletes are required to obtain a 2022 WPA Athlete License.

National Team athletes are required to be registered members of their respective U.S. NGB (USA Track & Field).

WPA Approved/Sanctioned events are noted in the 2022 Program Activities listed below.

All competitions listed below will be automatically submitted for competition approval by U.S. Paralympics Track & Field. Competitions and camps that are listed as invite only mean you will not be able to attend unless invited by U.S. Paralympics Track & Field. Competitions listed as Invite Only/Open mean U.S. Paralympics Track & Field will plan to take a team however any athlete may be eligible to enter on their own.

The 2022 program calendar is subject to change. Grand Prix competition dates will be updated upon confirmation of dates from World Para Athletics.

<u>Event Type</u>	<u>Start Date</u>	<u>End Date</u>	<u>Name of Competition</u>	<u>Location</u>	<u>Eligibility/Events</u>
Camp	14-Feb	20-Feb	USPTF Camp #1	Chula Vista, CA	Invite Only
Camp	23-Mar	27-Mar	USPTF Camp #2	Chula Vista, CA	Invite Only
Domestic	8-Apr	10-Apr	TX Regional Games	San Antonio, TX	Grant Eligible
Domestic	13-Apr	16-Apr	Mt. Sac Relays	Walnut, CA	Invite Only
Domestic	13-Apr	17-Apr	USPTF Camp #3	Chula Vista, CA	Invite Only
Marathon	18-Apr	18-Apr	Boston Marathon	Boston, MA	<i>Grant Eligible</i>
Domestic	27-Apr	30-Apr	Drake Relays	Des Moines, IA	Invite Only
Domestic	6-May	8-May	Dairyland Games	TBD, WI	Grant Eligible
Domestic	7-May	7-May	Oxy Invitational	Occidental, CA	Invite Only
Domestic	13-May	15-May	Turnstone Endeavor Games	Fort Wayne, IN	Grant Eligible
Domestic	14-May	15-May	Gateway Games	St. Charles, MO	Grant Eligible
Grand Prix	20-May	22-May	Desert Challenge Games	Tempe, AZ	Grant Eligible
Domestic	20-May	22-May	Tri-State Wheelchair & Ambulatory Games	Hillsdale, NJ	Grant Eligible
Grand Prix	26-May	28-May	Switzerland Grand Prix	Notwill, Switzerland	Invite Only/Open
Domestic	2-Jun	5-Jun	Thunder in the Valley Games	Saginaw, MI	Grant Eligible

Domestic	9-Jun	12-Jun	UCO Endeavor Games	Edmond, OK	Grant Eligible
Domestic	10-Jun	12-Jun	Great Lakes Games	Chicago, IL	Grant Eligible
Camp	7-Jul	14-Jul	Pre- Worlds Camp	Chula Vista, CA	Invite based on selection
Domestic	16-Jul	22-Jul	Jr. Nationals	Denver, CO	Grant Eligible/Open
International	2-Oct	9-Oct	IWAS Games	Sochi, Russia	TBD
Marathon	2-Oct	2-Oct	London Marathon	London, UK	Grant Eligible
Camp	6-Oct	9-Oct	USPTF Development Camp	Chula Vista, CA	Invite Only
<i>Marathon</i>	<i>9-Oct</i>	<i>9-Oct</i>	<i>Chicago Marathon</i>	<i>Chicago, IL</i>	<i>Grant Eligible</i>
<i>Marathon</i>	<i>6-Nov</i>	<i>6-Nov</i>	<i>New York Marathon</i>	<i>New York City, NY</i>	<i>Grant Eligible</i>
Domestic	TBC		Fast Cow	TBA	Grant Eligible
Domestic	TBC		5280 Games	Aurora, CO	Grant Eligible
International	TBC		International Competition	Sydney, AUS	Open
Grand Prix	TBC		Dubai Grand Prix	Dubai, U.A.E.	Grant Eligible
International	TBC		International Competition	Coventry, GBR	Open
Grand Prix	TBC		Tunis Grand Prix	Tunis, Tunisia	Invite Only/Open
Grand Prix	TBC		Sau Paulo Grand Prix	Sau Paulo, Brazil	Invite Only/Open
Grand Prix	TBC		Paris Grand Prix	Paris, France	Invite Only/Open
Grand Prix	TBC		Italy Grand Prix	Jesolo, Italy	Invite Only/Open
Grand Prix	TBC		Morocco Grand Prix	Marrakesh, Morocco	Grand Eligible
Selection Event	TBC		U.S. Para Track & Field National Championships	TBC	Not Funded
International	TBC		World Championships	Kobe, Japan	Invite based on selection
International	TBC		Jr. World Championships	TBA	Invite based on selection

2022 OPERATION GOLD

The Operation Gold qualifying event for U.S Paralympics Track & Field is the 2022 WPA World Championships in Kobe, Japan, dates TBA.

In a Paralympic Games year, teams and individuals must place in the top-three at the Paralympic Games to qualify for Operation Gold Awards; multiple Operation Gold Awards can be received if an athlete has multiple top-three finishes at the Paralympic Games.

In non-Paralympic years, Operation Gold Awards are limited to one award per athlete in a program year; athletes who qualify for more than one award automatically receive the higher award. Individuals must finish in one of the top eight places, while teams must finish in one of the top six places at the qualifying event in order to qualify for Operation Gold Awards in non-Paralympic years, provided individuals/teams finish among the top 50% of the individuals/teams who started the event.

For purposes of Operation Gold, a team is defined as three or more athletes (pairs are awarded at the same rate as individual athletes).

NOTE: For Paralympic sports with a discipline or event that is not included on the program of the Paralympic Games, that discipline or event will not be eligible for Operation Gold. However, if a Paralympic sport has a revolving program for the Paralympic Games (i.e., an event is taken from the program one quad, but is added back to the program the next quad), that event or discipline will be eligible for Operation Gold at the approved qualifying event.

Paralympic Sport Payment Schedule

Place	1st Year of Quad	2 nd Year of Quad	3 rd Year of Quad	Paralympic Games Year (Paralympic Games Only)
1 st	\$6,250	\$6,250	\$7,500	\$37,500
2 nd	\$5,000	\$5,000	\$6,250	\$22,500
3 rd	\$4,375	\$4,375	\$5,000	\$15,000
4 th	\$3,750	\$3,750	\$4,375	
5 th	\$3,125	\$3,125	\$3,750	
6 th	\$3,125	\$3,125	\$3,750	
7 th	\$2,500	\$2,500	\$2,500	
8 th	\$2,500	\$2,500	\$2,500	

Attachment A

2022 U.S. Paralympics Track & Field Standards

2022 Men's Standards

Class	Event	National Team A	National Team B	Emerging/ VMAA	World Championships Minimum Entry	Nationals Entry Standard	Nationals Entry Standard (JUNIORS)
T11	100m	11.03	11.21	12.68			
T12	100m	10.75	10.85	12.36			
T13	100m	10.64	10.83	12.24			
T34	100m	15.37	15.66	17.68			
T35	100m	11.75	12.40	13.51			
T36	100m	11.91	12.10	13.70			
T37	100m	11.29	11.32	12.98			
T38	100m	11.00	11.43	12.65			
T44	100m	12.54	13.16	14.42			
T45/46/47	100m	10.64	10.95	12.24			
T51	100m	19.86	22.22	22.84			
T52	100m	16.97	17.26	19.52			
T53	100m	14.52	14.90	16.70			
T54	100m	13.85	13.96	15.93			
T63(42)	100m	12.22	12.43	14.05			
T62/64	100m	10.79	10.99	12.41			
T35	200m	23.75	25.59	27.31			
T37	200m	22.62	22.85	26.01			
T51	200m	36.83	41.04	42.35			
T64/44	200m	22.09	22.66	25.40			
T11	400m	51.14	52.01	58.81			
T12	400m	48.01	49.17	55.21			
T13	400m	48.76	49.27	56.07			
T20	400m	47.81	48.42	54.98			
T36	400m	53.94	55.90	62.03			
T37	400m	50.44	51.14	58.01			
T38	400m	50.85	51.29	58.48			
T45/46/47	400m	48.04	49.39	55.25			
T51/52	400m	57.88	1:00.57	66.56			
T53	400m	48.70	48.74	56.01			
T54	400m	46.13	46.42	53.05			
T62(43)	400m	48.61	51.98	55.90			
T33/34	800m	1:42.04	1:43.79	1:57.35			

T53	800m	1:36.43	1:37.02	1:50.89			
T54	800m	1:31.12	1:32.64	1:44.79			
T11	1500m	4:05.55	4:09.88	4:42.38			
T12/13	1500m	3:49.72	3:51.18	4:24.18			
T20	1500m	3:54.52	3:56.80	4:29.70			
T37/38	1500m	4:03.07	4:05.27	4:39.53			
T45/46	1500m	3:53.51	3:55.56	4:28.54			
T53/54	1500m	2:50.68	2:50.86	3:16.28			
T11	5000m	15:17.41	15:35.82	17:35.02			
T12/13	5000m	14:34.13	14:38.00	16:45.25			
T53/54	5000m	9:59.11	10:01.84	11:28.98			
T11/12	Marathon	2:27.26	2:29.55	2:49.29			
T52/53/54	Marathon	1:24.27	1:26.46	1:36.67			
T11-13, T33-34/T51- 54, T35-38, T42-47/T61-64	4x100m Medley Relay	-	-	-	-	-	-
T45/46/47	High Jump	2.06	1.94	1.55			
T61/63 (42)	High Jump	1.83	1.80	1.37			
T64(44)	High Jump	2.07	1.96	1.55			
T11	Long Jump	6.36	6.15	4.77			
T12	Long Jump	7.04	6.89	5.28			
T13	Long Jump	7.04	6.74	5.28			
T20	Long Jump	7.12	7.01	5.34			
T36	Long Jump	5.66	5.64	4.25			
T37	Long Jump	6.15	6.10	4.61			
T38	Long Jump	6.78	6.53	5.09			
T45/46/47	Long Jump	7.34	7.30	5.51			
T61/63 (42)	Long Jump	7.12	6.75	5.34			

T62/64 (43/44)	Long Jump	7.39	6.89	5.54			
F11	Shot	13.60	13.22	10.20			
F12	Shot	15.94	14.96	11.96			
F20	Shot	16.60	15.75	12.45			
F32	Shot	10.84	10.37	8.13			
F33	Shot	11.30	10.88	8.48			
F34	Shot	11.36	11.09	8.52			
F35	Shot	15.87	14.70	11.90			
F36	Shot	15.12	14.68	11.34			
F37	Shot	14.58	14.45	10.94			
F40	Shot	11.01	10.60	8.26			
F41	Shot	13.83	13.51	10.37			
F46	Shot	16.29	15.90	12.22			
F53	Shot	8.25	7.77	6.19			
F54/55	Shot	12.15	11.89	9.11			
F56/57	Shot	14.77	13.99	11.08			
F61/63(42)	Shot	14.53	13.90	10.90			
F31/32	Club	35.34	34.31	26.51			
F51	Club	31.19	29.98	23.39			
F11	Discus	40.60	36.22	30.45			
F37	Discus	54.09	49.85	40.57			
F51/52	Discus	20.02	19.51	15.02			
F54/55/56	Discus	43.36	41.37	32.52			
F63/64 (43/44)	Discus	60.66	54.85	45.50			
F12/13	Javelin	64.30	59.89	48.23			
F33/34	Javelin	37.11	32.47	27.83			
F38	Javelin	54.95	54.07	41.21			
F40/41	Javelin	43.35	37.51	32.51			
F45/46	Javelin	64.01	60.63	48.01			
F53/54	Javelin	31.19	29.64	23.39			
F56/57	Javelin	48.93	45.72	36.70			
F61-64 (42-44)	Javelin	65.61	60.29	49.21			

2022 Women's Standards

Class	Event	National Team A	National Team B	Emerging/ VMAA	World Championships Minimum Entry	Nationals Entry Standard	Nationals Entry Standard (JUNIORS)
T11	100m	12.15	12.37	13.97			
T12	100m	12.10	12.39	13.92			
T13	100m	12.06	12.20	13.87			
T33/34	100m	18.68	18.94	21.48			
T35	100m	14.18	15.38	16.31			
T36	100m	14.46	14.60	16.63			
T37	100m	13.16	13.37	15.13			
T38	100m	12.77	12.99	14.69			
T45/46/47	100m	12.19	12.25	14.02			
T53	100m	16.48	16.90	18.95			
T54	100m	16.21	16.48	18.64			
T61/63(42)	100m	14.72	15.02	16.93			
T62/64(43/44)	100m	12.84	12.86	14.77			
T11	200m	25.19	25.81	28.97			
T12	200m	24.85	25.27	28.58			
T35	200m	30.24	32.79	34.78			
T36	200m	30.96	31.14	35.60			
T37	200m	27.33	27.72	31.43			
T45/46/47	200m	25.05	25.51	28.81			
T64 (44)	200m	26.65	27.08	30.65			
T11	400m	57.46	58.73	66.08			
T12	400m	56.95	59.14	65.49			
T13	400m	55.53	56.79	63.86			
T20	400m	57.43	59.09	66.04			
T37	400m	1:03.82	1:06.85	1:13.39			
T38	400m	1:00.17	1:01.16	1:09.20			
T45/46/47	400m	57.32	58.45	65.92			
T53	400m	56.14	56.81	64.56			
T54	400m	53.50	54.82	61.53			
T33/34	800m	2:02.22	2:15.26	2:20.55			
T53	800m	1:47.66	1:48.94	2:03.81			
T54	800m	1:44.43	1:49.11	2:00.09			
T11	1500m	4:45.58	4:51.38	5:28.42			

T12/13	1500m	4:30.67	4:33.96	5:11.27			
T20	1500m	4:35.34	4:45.71	5:16.64			
T53/54	1500m	3:19.88	3:20.39	3:49.86			
T53/54	5000m	11:12.24	11:15.37	12:53.08			
T11/12	Marathon	3:11:13	3:15:32	3:39.59			
T52/53/54	Marathon	1:38:16	1:38.54	1:52.60			
T11-13, T33-34/T51- 54, T35-38, T42-47/T61-64	4x100m Medley Relay	-	-	-	-	-	-
T11	Long Jump	4.91	4.74	3.68			
T12	Long Jump	5.49	5.32	4.12			
T20	Long Jump	5.54	5.49	4.16			
T37	Long Jump	4.59	4.44	3.44			
T38	Long Jump	4.94	4.53	3.71			
T45/46/47	Long Jump	5.63	5.42	4.22			
T61/63 (42)	Long Jump	5.01	4.32	3.76			
T62/64 (43/44)	Long Jump	5.82	5.70	4.37			
F11/12	Shot	13.72	12.62	10.29			
F20	Shot	14.06	13.82	10.55			
F32	Shot	6.95	6.26	5.21			
F33	Shot	6.72	5.72	5.04			
F34	Shot	8.73	7.76	6.55			
F35	Shot	8.85	8.59	6.64			
F37	Shot	13.33	11.18	10.00			
F40	Shot	8.31	8.12	6.23			
F41	Shot	9.92	9.18	7.44			
F45/46	Shot	9.24	7.38	6.93			
F54	Shot	7.77	7.01	5.83			
F56/57	Shot	10.40	10.40	7.80			
F64 (42,43,44,62,63)	Shot	9.46	8.78	7.10			
F11	Discus	36.14	34.12	27.11			

F37/38	Discus	35.62	33.73	26.72			
F40/41	Discus	31.18	29.56	23.39			
F51/52/53	Discus	14.87	12.79	11.15			
F54/55	Discus	25.02	23.47	18.77			
F56/57	Discus	30.50	29.89	22.88			
F62/64(43/44)	Discus	37.85	35.83	28.39			
F12/13	Javelin	38.99	37.92	29.24			
F33/34	Javelin	17.95	17.72	13.46			
F45/46	Javelin	40.30	38.55	30.23			
F53/54	Javelin	17.83	16.26	13.37			
F55/56	Javelin	24.22	20.02	18.17			
F31/32	Club	24.73	20.45	18.55			

****2022 Standards for World Championships and Nationals Entry will be updated upon the release of the World Championships standards****

Attachment B

2022 U.S. Paralympics SPORT Athlete Stipends

1. Athlete stipends are processed monthly on/before the first day of each month.
2. Athletes are eligible for athlete stipends at the beginning of the month following nomination to the National Team(s).
3. Athlete stipends are provided to athletes that are in compliance with their 2022 Athlete Agreement and personal performance plan obligations. If an athlete is not current with the agreement/plan obligations and/or USADA on the first day of the month in which the payment is being made, the athlete's payment will be withheld until he/she is compliant.
4. Athletes sanctioned by USADA, WADA and/or the respective sport IF for a doping violation are not eligible for an athlete stipend, regardless of any National Team(s) status, during the period of such sanction.
5. Athletes sanctioned by the IPC and/or the respective sport IF for classification Intentional Misrepresentation are not eligible for an athlete stipend, regardless of any National Team(s) status, during the period of such sanction.
6. Athletes sanctioned by the U.S. Center for SafeSport, the USOPC, or another National Governing Body (NGB) for a SafeSport Code violation are not eligible for athlete stipends, regardless of any National Team(s) status, during the period of such sanction.
7. Athlete stipends will only be paid once the USOPC's Athlete Stipend Designee Form, Direct Deposit Form and W-9 Form have been completed and submitted (annual basis).
8. Athlete stipends are paid directly to the athlete. National Team athletes are responsible for understanding and maintaining their own eligibility status with other organizations where applicable (i.e. NCAA, NFHS, etc.), and may choose to decline athlete stipend payments in order to retain high school or collegiate eligibility.
9. Athlete stipends will be reported to the IRS and may be subject to federal and state income tax. The USOPC encourages athletes to speak with a tax professional to receive guidance regarding tax implications.
10. Female athletes who become pregnant must inform the USOPC health benefits administrator at eahi@USOPC.org. More information can be found on the [EAHI website](#).
11. Athlete support is contingent upon:
 - a. Athlete training in a year-round program that is approved by U.S. Paralympics Track & Field.
 - b. Maintaining consistent performance standards and competition results as well as complying with team obligations (e.g., proper communication, following travel policies, event commitments, etc.).
 - c. Meeting all requested deadlines for travel forms, reimbursements, athlete agreements and code of conduct.
 - d. Athlete stipends will only be paid to athletes who are training with a licensed/certified or coach. Athletes who do not have a coach must submit yearly training plan with their personal performance plan. Also, athletes without a coach must submit the results from the training plan for the prior month and the training plan for the next two months in order to receive athlete stipend payments each month.
 - e. Athlete support is contingent upon maintaining consistent performance standards and competition results as well as complying with team obligations (e.g. following travel policies, competition commitments, team rules, etc.)

2022 Criteria for Track & Field Athlete Stipends (include dollar amounts):

<u>Tier</u>	<u>Monthly 2021 Athlete Stipend</u>	<u>Monthly Coaching Stipend</u>	<u>Training, Competition, Equipment & Travel Grants</u>	<u>International Travel Stipend</u>
Tier 1	\$1,300	\$100 No Coaches Ed Certification \$300 USATF Level I \$300 USTFCCCA TFTC 201, 251 \$300 USATF Level II \$300 USTFCCCA 302-306	Up to \$2,000 per term	\$4,000 in Term 1
Tier 2	\$1,000	\$100 No Coaches Ed Certification \$300 USATF Level I \$300 USTFCCCA TFTC 201, 251 \$300 USATF Level II \$300 USTFCCCA 302-306	Up to \$2,000 per term	\$4,000 in Term 1
Tier 3	\$600	\$100 No Coaches Ed Certification \$300 USATF Level I \$300 USTFCCCA TFTC 201, 251 \$300 USATF Level II \$300 USTFCCCA 302-306	Up to \$1,500 per year	N/A
TPP	N/A	N/A	Up to \$1,000 per year	N/A
Emerging	N/A	N/A	N/A	N/A

****Coaching stipend amounts may change which could include a maximum amount per month for coaches who have multiple athletes.****

Attachment C

2022 U.S. Paralympics Track & Field Additional Athlete Support Programs

Athletes must meet criteria in Attachment B to be eligible for additional athlete support programs.

TRAVEL SUPPORT

Athletes who are nominated to the National Team may be eligible for training and travel grants to attend a WPA approved competitions. Athletes may be invited to camps and competitions depending on availability.

When indicated, U.S. Paralympics will fund and make travel arrangements (flight, meals, housing, ground transportation, entries, etc.) based on USOPC policies to specific National Team events. The anticipated competition(s) must be outlined in the National Team Athlete's 2022 Personal Performance Plan.

This funding is subject to approval by U.S. Paralympics Track & Field and the same requirements outlined in the Athlete Stipend section (Attachment B) and National Team Procedures & Obligations (Attachment F). If all of the requirements are not met or an athlete cancels from the competition after confirmation outlined in their agreed upon/signed Personal Performance Plan, the athlete may be subject to team fines and will be required to pay back the travel costs and/or Athlete Stipend payments will be withheld for the remainder of the calendar year or until the correct sum is repaid—whichever is applicable.

Invite Only Competitions

Athletes must be invited by U.S. Paralympics Track & Field to competitions labeled as invite only. Invitations are usually sent out in priority order based on National Team status as well as goals of the competition or camp. Athletes not on the National Team may be invited to invite only competitions based on their percentage to the A standard, event availability at a competition or goals of the camp/competition. Athletes invited to a competition may be eligible for training and travel grants as noted above. Athletes not on the National Team who would like to be considered for invite only competitions, must complete the U.S. Paralympics Track & Field Questionnaire.

U.S. Paralympics does **not** fund National Team athletes to attend Trials/National Championships/selection events; however, attendance at U.S. Paralympics Track & Field Championship competition(s) may be required as per the athlete's Personal Performance Plan.

COACHING SUPPORT

The 2022 National Team athlete can nominate their personal coach by submitting their Personal Performance Plan and other documents as outlined below. National Team athletes who are coached by a USOPC employee are not eligible for this benefit but are required to submit the plan. National Team athletes may not nominate themselves nor any family member as their coach to receive the Coaching Stipend unless extenuating circumstances apply that are directly related to impairment and lack of available coaching opportunities. If a National Team athlete

does not have a coach or is unable to locate one, U.S. Paralympics Track & Field will work with the athlete to help find an appropriate coach in their area. If a coach cannot be assigned, athletes must submit the required training documents each month (outlined in Attachment B and below). Athlete stipends will be held each month until the required training documents are received.

After approval, the coach will receive a confirmation email to include all required documents that must be completed prior to first payment. Coach payments will only be processed after all requirements are met. Additional requirements may be added at any time based on USOPC policies and/or USPTF policies.

Coaches will be required to submit a monthly invoice no later than 30 days after the service was completed to receive payment. Late invoices may not be accepted, and back pay will not be distributed. The Coaching Stipend amount will be paid directly to the coach according to the chart outlined above in Attachment B. Workouts are no longer required with monthly invoices for coaches of athletes in Tier 1 and Tier 2. Coaches of Tier 3 athletes are required to submit a periodized yearly training plan no later than January 31, 2022 and a monthly training update when submitting monthly invoice.

Periodized yearly training plan—general overview of training with focus areas for each month or six-week block (i.e., endurance, speed endurance, interval training speed, etc. race pace, competition, tactical training, strength training, volume throws/jumps, recovery, etc.).

Monthly training update—a brief overview of what the athlete did the previous month as well as a brief overview of what the athlete will do the next month. The format of the training updates is flexible.

If an athlete has a coaching change, this change must be reported to USParaTFTeam@usopc.org by the athlete prior to any change in coaching stipend occurring. The previous coach will not be eligible for a coaching stipend effective immediately unless the coaching notification occurred after the 15th of the respective month. The new and approved coach will be eligible for the coaching stipend beginning the month following the athlete notification and completion of an updated personal performance plan by the athlete and coach.

Travel Reimbursement for Coaches

- Coaches of Tier 1, Tier 2, and Tier 3 athletes are eligible for a reimbursement for a domestic competition attended between January 1, 2022 and November 30, 2022. The competition(s) must be a WPA approved domestic competition to be eligible. Coaches are NOT eligible for reimbursement for any National Championships, or Trials competitions.
- Eligible reimbursements will only be considered for coach entry fees, airfare, rental car, hotel accommodations and gas receipts. Receipts and documentation must be included for reimbursement consideration.
- Coaches must request reimbursement for the competition(s) within 30 days of the conclusion of the competition.
- Coaches must have an assigned National Team athlete compete in the competition to be eligible for reimbursement.

- Coaches must be eligible to receive a credential or coaches pass for the competition in which they are requesting the reimbursement for.
- Coaches must have traveled more than 75 miles as determined by home address to competition venue location on any common map application to be eligible for the reimbursement.
- A coach is eligible for one reimbursement request between January 1 and November 30, 2022. The stipend is not received for each individual athlete coached.
- Tier 1 and Tier 2 coaches are eligible for a one-time reimbursement up to \$400 for a domestic competition. Tier 3 coaches are eligible for a one-time reimbursement for up to \$250 for a domestic competition.
- Tier 1 coaches are eligible for a one-time reimbursement up to \$800 for an international competition. The international competition must be an international WPA Grand Prix (excludes Desert Challenge Games) or pre-approved by Director.

PERFORMANCE INCENTIVE SUPPORT

U.S. Paralympics Track and Field will provide a world record bonus incentive program for 2022 National Team athletes. World record bonuses will be awarded only for the events scheduled to be hosted at the Paris Paralympic Games and based on results from WPA approved events (outdoor events ONLY). Two thousand dollars (\$2,000) will be awarded for each world record AFTER it has been approved/published by WPA on the 2022 WPA World Ranking list. Athletes may only collect one world record bonus per competitive event between January 1, 2022 and December 31, 2022. (i.e., athlete X can only receive one world record bonus payment for the Men's T35 100m, but athlete X will receive an additional payment if the world record is approved in the Men's T35 200m). Relay world record bonuses will be split/paid to each of the four athletes establishing the World Record (\$500/person/relay event).

PRIZE MONEY

Prize money will be awarded to National Team athletes and coaches based on results compared to the 2022 National A standard at WPA approved competitions as follows:

April:

\$3,000/gender (1st place = \$1,500, 2nd place = \$1,000, 3rd place = \$500)

Coach of 1st place performance per gender: \$500

May:

\$3,000/gender (1st place = \$1,500, 2nd place = \$1,000, 3rd place = \$500)

Coach of 1st place performance per gender: \$500

June:

\$6,500/gender (1st place = \$2,500, 2nd place = \$2,000, 3rd place = \$1,500, 4th Place=\$500)

Coach of 1st place performance per gender: \$500

Desert Challenge Games:

\$6,500/gender (1st place = \$2,500, 2nd place = \$2,000, 3rd place = \$1500, 4th Place=\$500)

Coach of 1st place performance per gender: \$500

**Prize money amounts, opportunities and dates may be adjusted or added due to changes in the competition. Adjustments will be made at least 30 days prior to the start of the month in which prize money is scheduled to be awarded (i.e. April prize money changes must be announced by March 1, 2022). **

SUPPLEMENTAL ATHLETE SUPPORT PROGRAMS

Athlete Travel Stipend – varies depending on Tier status

Athletes will have the opportunity to attend events funded by U.S. Paralympics Track & Field as outlined and approved in their personal performance plans.

Training and Travel Grant - Training and travel grants are available to all National Team and Talent Protection Program athletes to support expenses such as training and competition travel expenses, purchasing equipment, WPA approved competition entries, and supplemental training and competition needs. Grants are not guaranteed but **may** be issued based on having clear and concise rationale and demonstrated need. All eligible athletes will have an opportunity for at least one domestic training and travel grant in 2022. The first grant application will be sent to eligible athletes no later than March 1, 2022. Additional training and travel grant opportunities may be awarded in 2022 based on funding availability. All eligible athletes will receive an email when grants are available and will have a maximum of seven days to apply. Applications will be sent to eligible athletes directly.

World Championships Team Training Support Grant

For athletes who are not named to the National Team for Term 2 and are nominated to and meet all the requirements to be named to the WPA World Championships team, they will be eligible for a one-time training support grant. The grant purpose is to help support training, equipment, sports medicine, and travel needs leading up to World Championships. Applications for the training support grant will be sent directly to all eligible athletes by July 15, 2022. Please note deadlines are firm and grants may be approved **up to** \$1,000 per eligible athlete.

Attachment D

2022 U.S. Paralympics Track & Field Elite Athlete Health Insurance (EAHI)

All 2022 Tier 1, Tier 2 and Tier 3 athletes are eligible for EAHI. Upon meeting the criteria below eligible athletes will receive an email from the USOPC outlining the EAHI program benefits for further consideration.

1. Athletes must be currently training and competing to receive EAHI.
2. Athletes must sign and be in compliance with 2022 Athlete Agreement obligations and personal performance plan obligations.
3. Athletes are eligible for EAHI at the beginning of the month following nomination to the National Team(s).
4. Enrollment in EAHI will only be completed once the athlete has accepted an EAHI offer via email from eahi@USOPC.org and has completed and submitted the USOPC Elite Athlete Health Insurance Designee Form and W-9 Form (annual basis).
5. Athletes sanctioned by USADA, WADA and/or the respective sport IF for a doping violation are not eligible for EAHI, regardless of any National Team(s) status, during the period of such sanction.
6. Athletes sanctioned by the IPC and/or the respective sport IF for classification Intentional Misrepresentation are not eligible for EAHI, regardless of any National Team(s) status, during the period of such sanction.
7. Athletes sanctioned by the U.S. Center for SafeSport, the USOPC, or another National Governing Body (NGB) for a SafeSport Code violation are not eligible for EAHI, regardless of any National Team(s) status, during the period of such sanction.
8. When National Team status is no longer conferred upon the athlete, EAHI benefits will cease. Termination is effective the first of the month following 30 days written notification.
9. Athlete stipends will be reported to the IRS and may be subject to federal and state income tax. The USOPC encourages athletes to speak with a tax professional to receive guidance regarding tax implications.
10. Female athletes who become pregnant must inform the USOPC health benefits administrator at eahi@USOPC.org. More information can be found on the [EAHI website](#).

Attachment E

U.S. Anti-Doping Agency (USADA)

Whereabouts:

An important part of USADA's testing program is the ability to test athletes without any advance notice in an out-of-competition setting. Athletes are subject to testing 365 days a year and do not have "off-seasons" or cutoff periods in which testing does not occur. Whereabouts information, (dates, times, locations, etc.) is information submitted to USADA by an athlete that allows the athlete to be located for out-of-competition testing.

For more information on whereabouts, please go to <https://www.usada.org/testing/whereabouts/>.

Therapeutic Use Exemptions (TUEs):

In some situations, an athlete may have an illness or condition that requires the use of medication listed on the World Anti-Doping Agency's Prohibited List. USADA can grant a Therapeutic Use Exemption (TUE) in these situations in compliance with the World Anti-Doping Agency International Standard for TUEs. The TUE application process is thorough and designed to balance the need to provide athletes access to critical medication while protecting the rights of clean athletes to compete on a level playing field.

For more information on TUEs, please go to <https://www.usada.org/substances/tue/>.

Global Drug Reference Online (Global DRO):

The Global Drug Reference Online (Global DRO) provides athletes and support personnel with information about the prohibited status of specific medications based on the current World Anti-Doping Agency (WADA) Prohibited List.

Global DRO does not contain information on, or that applies to, any dietary supplements.

The Global DRO can be found at <https://www.globaldro.com/Home>.

Additional Resources from USADA:

USADA Website: <https://www.usada.org/>

Supplement 411: <https://www.usada.org/substances/supplement-411/>

WADA Prohibited List: <https://www.usada.org/substances/prohibited-list/>

Anti-Doping 101: <https://www.usada.org/athletes/antidoping101/>

Attachment F

2022 U.S. Paralympics Track & Field National Team Procedures & Obligations

U.S. Paralympics Track & Field Team Procedures

- Failure to comply with the Athlete Obligations listed below or violating the Athlete Agreement will result in a suspension of athlete stipends, other team benefits, and/or removal from the National Team.
- The U.S. Paralympics Complaint Procedures can be found at <https://www.teamusa.org/usparatrackandfield/athlete-and-sport-information>.
- Failure to attend National Team competition(s) as outlined in the athlete personal performance plan may result in forfeiture of National Team benefits including future invitations to camps, clinics & competitions hosted by U.S. Paralympics Track & Field, prize money eligibility, travel stipends, and/or travel and training grants.
- Failure to submit all 2022 National Team paperwork by January 31, 2022, may result in loss of benefits until paperwork has been completed.
- Failure to compete in required meets as listed in athlete personal performance may result in athlete fines. 1st occurrence- \$100, 2nd occurrence-\$250, 3rd occurrence- \$500.
- U.S. Paralympics Track & Field issues a National Team apparel package. The apparel package should be worn during all competitions funded by U.S. Paralympics Track & Field. Funded events will be noted in athlete competition invitation when possible. Failure to wear issued team uniform without prior written exception from Director may result in fines. 1st occurrence- \$100, 2nd occurrence- \$250, 3rd occurrence- \$500 Funded events include:
 - Direct funding- USPTF pays for expenses for an athlete
 - Travel stipend- USPTF provides stipend for athlete to attend a competition (domestic or international)

U.S. Paralympics Track & Field Athlete Obligations

- Maintain compliance with U.S. Paralympics Athlete Agreement
- Maintain compliance with 2022 Personal Performance Plan/Individual Performance Plan
- Maintain compliance with the National Team Code of Conduct
- Maintain compliance with USADA, IPC, IF, and WADA anti-doping policies
- Maintain proper level of fitness throughout 2022.
- Maintain regular communication with U.S. Paralympics Track & Field and participate in national team meetings.
- Maintain compliance with U.S. Paralympics Track & Field team rules, regulations, and travel policies.

U.S. Paralympics Track & Field Team Rules and Regulations

- The possession or use of controlled substances by any athlete during competition is prohibited.
- The possession or use of alcohol by any athlete prior to their final event within a competition is prohibited.

- The possession or use of weapons, such as guns, knives, swords, etc., by any athlete or staff member is prohibited.
- Daily Curfews (“lights out” times) established by the Team Staff must be observed by all athletes.
- Team members and staff will attend all team functions including meetings, practices, exhibitions, press conferences, competitions, etc., unless otherwise excused or instructed by the Head Coach or Team Leader.
- Team members and staff will cooperate with all Team leadership and U.S. Paralympics staff (captains, Program Manager, Team Leader, Head Coach, Director, U.S. Paralympics Track & Field).
- Team members and staff will refrain from behavior that would detract from a positive image of the U.S. Paralympics Track & Field National Team or that would be detrimental to its performance objectives.
- Team members and staff will display proper respect and sportsmanship toward coaches, officials, administrators, fellow competitors, and the public.
- Team members and staff will wear USOPC and/or U.S. Paralympics Track & Field provided apparel as required and as designated by Team leadership (captains, Program Manager, Team Leader, Head Coach, Director, U.S. Paralympics Track & Field).
- Team members are required to sleep in their assigned rooms and are not permitted to switch rooms – even temporarily – without prior approval from team staff.
- Public intoxication or consuming alcohol to excess is prohibited.
- Staff drinking with athletes is not allowed. This includes being in the same establishment or in the same room together.
- Team members are not permitted to be in a room other than their assigned room or dedicated team activity rooms or medical rooms as assigned by U.S. Paralympics Track & Field staff.
- Team members and staff are required to adhere to team logistical assignments as arranged by U.S. Paralympics Track & Field staff. This includes flight confirmations, ground transportations, team meals and hotel accommodations. Changes are not permitted without written approval from U.S. Paralympics Track & Field staff.
- Team member and staff credentials are dedicated to that specific team member or staff. It is prohibited to pass your credential to a friend, family, personal coach, other athlete, etc. in order to gain access to credentials areas.
- Team members must comply with team travel policies including guidelines in place due to COVID-19.
- Athletes under the age of 21 may not consume alcohol regardless of the laws in the country the team is competing or training in.
- To ensure the propriety of the athletes and to protect the staff, there will be no male athletes in female athletes’ rooms, and no female athletes in male athletes’ rooms. There will be a team room provided for relaxation and recreation whenever possible.
- Team members and staff will keep and leave accommodations clean and in good condition.
- An open and observable environment should be maintained for all interactions between staff and athlete. Private, or one-on-one situations should be avoided unless open and observable. Common sense should be used to move a meeting to an open and observable location if the meeting inadvertently begins in private.

- Bullying, disparagement, or defamation of teammates, fellow competitors, team staff, event organizers, or IF representatives – verbally, through social media, email, or text – is prohibited.
- Friends and family are not permitted in athlete rooms or beyond the hotel lobby.
- No friends/family/personal coaches permitted on the field of play and in designated team tent areas. Only Team USA staff are allowed in these areas unless prior approval is received in writing from Director, U.S. Paralympics Track & Field.
- For athletes who need help putting on competition apparel (i.e. bibs):
 - Athletes are not required to have assistance and should request it of the staff if/when they require it.
 - There will always be at least three persons present when assisting with competition apparel:
 - Three persons can be defined as two athletes (including the athlete putting on the competition apparel) and one staff member or one athlete and two staff members.
 - The make-up of staff and athletes when assisting with competition apparel should be the same gender when possible.
 - Staff will be considerate of the athlete and will avoid all but inadvertent touching of the groin, buttocks, and breast area.

Attachment G

2022 U.S. Paralympics Track & Field Resident Program

U.S. Paralympics Track & Field implements a Resident Program at the Chula Vista Elite Athlete Training Center (CVEATC).

Eligibility:

- Be at least 18 years of age.
- Be a current US Citizen eligible to represent the USA in the Paralympic Games.
- Applicants who take college courses must maintain a 2.0 GPA.
- Be willing to submit to a complete health profile coordinated by USOPC Sports Medicine including thorough medical history and comprehensive physical examination.
- Any athlete age 18 or older will be required to undergo a background screen in accordance with the current USOPC Background Check Policy.
- Any athlete age 18 or older will be required to complete the U.S. Center for SafeSport's online training.

Interested athletes should view the on and off campus athlete program at the following link for additional details and requirements. <https://www.teamusa.org/usparatrackandfield/resident-and-rotation-program>

Application information, program description, participant responsibilities, important dates, etc. can be found in the on and off campus athlete program memo at the following link. <https://www.teamusa.org/usparatrackandfield/resident-and-rotation-program>