



East Chapel Hill High School Table Tennis Club

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Overview

These are my key points to start the club:

- What it takes to run a club (my understanding)
- Table Tennis as a club sport
- What it will take to run the Table Tennis club
- What to do next

What does it take to run a club - my understanding

- Each club needs at least one teacher/instructor
- Each club needs to have a good number of participants (2 to 20 or more)
- Each club needs to have a strong interest and dedication

Table Tennis as a club sport

- Table Tennis is gaining popularity in the US
- Many people have TT Tables in their garage, basement or game room
- Table Tennis helps with focus and fitness
- Table Tennis helps hand eye coordination
- Table Tennis is a fun way to burn calories
- Table Tennis is an all weather sport
- Table Tennis promotes friendly and social interactions
- Everyone can play Table Tennis
- Have introduced the sport to my Middle School (Smith Middle School)
- Two tables were donated by generous community members and the sport has seen good interest
- A good level of interest has been seen at ECHHS as well

What it will take to run the Table Tennis club

- Equipment
 - 1 - 3 Tables each with net
 - 1 paddle per player (Players should bring personal paddles but Club will have spare paddles)
 - 10-20 balls
- A room with a reasonably high ceiling with good lighting
- At least one teacher/instructor
- Meet for play at least once a week but preferred upto 3 times a week
- Have a code of conduct for all club members
- Have a minimum of 3-4 hours of attendance per player per month

What to do next

- Have a Student, Parent and Teacher information session
- We can arrange a visit to the Seymour Center (Chapel Hill Senior Center) which encourages players of all ages and all levels
- Start with one Table and add more tables with more interest
- Generate interest amongst students to join the club
- Have a coaching session with a volunteer coach at least once every 2 weeks to help new players learn and existing players improve their skills
- Host friendly competition in school once every 2 months
- Invite other local Schools to form clubs and have friendly competitions

Donations

- Request a teacher (Mr. Seifts) to overlook the Club's activities
- Reach out to parents, community for Table and other equipment donations
- Request a coach (Haripriya Chinnaswamy) to donate time to coach school club members