



OLYMPIC VOICE

U.S. OLYMPIC TRAINING CENTER, CHULA VISTA

SEPTEMBER 1 - 15, 2011

SEPTEMBER 2011 ATHLETES OF THE MONTH:

ARIELLE MARTIN & MELINDA OWEN

BMX & Pole Vault

Arielle Martin and Melinda Owen are Chula Vista Olympic Training Center resident athletes who are getting known for their philanthropic efforts in addition to their high performance in their respective sports. In early August, Melinda signed up to participate in a meet-and-greet at Rady Children's Hospital organized through Athletes for Hope – and it didn't take much effort to convince Arielle to come along.

They enjoy the experience because it is humbling and puts things in perspective for what is really important in life. The kids are so excited to see the athletes and hear their stories – Arielle and Melinda are doing their part to fulfill the USOC mission of inspiring all Americans.

Melinda Owen is a 2012 Olympic hopeful in the pole vault track & field event and has been working toward her goal for many years. She got her start in sports by growing up in a very active family in Polson, Montana. She excelled in basketball, volleyball and pole vaulting at her high school, which led to a full scholarship to the University of Idaho. She earned a degree in elementary education, while also earning the distinction of being the best collegiate vaulter by her senior year. Since her college years, she has improved her performance even more. Her personal best outdoor performance was recorded in July 2010 with a height of 4.52 meters and her personal best indoor performance came in February of this year with a height of 4.55 meters.



Arielle also got an early start in bicycle motocross (BMX). Her dad owned a bike shop and raced in the late 1980s. She was off training wheels before she was three years old and she was in her first race at age five. By the age of 10 she was nationally ranked. After collecting a handful of national titles in her age group, she became the youngest female pro on the national circuit when she was 15 years old. She earned a degree in exercise science at Brigham Young University and began training here in January 2008. She was an alternate for the 2008 Beijing Olympics and won the World Cup Supercross Series Champion title in 2008. She'll be one to watch during the upcoming Supercross World Cup event at the Chula Vista Olympic Training Center on September 30 and October 1.

Melinda & Arielle are planning to make another visit to Rady Children's Hospital again in a few weeks.

ANNOUNCEMENTS:

- Volunteers are needed! Athletes, their family members and community members are encouraged to get involved in the Chula Vista Olympic Training Center's Volunteer Program. We have an immediate need for tour guides, van drivers and special event assistance. Stop by the ACI desk or call 619-482-6148 for more information
- We have discount coupons to Six Flags Magic Mountain for athletes (\$25 off). Stop by ACI to pick one up. Valid through March 18, 2012
- Del Mar Races - We still have discounted tickets for the remaining Del Mar Races available for \$5 each (regularly \$10.00). There will be races on September 1 - 5 (no races on Tuesday, September 6). Closing day is Wednesday, September 7. Come see Dana at the Athlete Check-In building to pick up these discounted tickets



USA FIELD HOCKEY IS BACK IN CHULA VISTA AND READY FOR AN AUDIENCE

The Women's National Team has returned to Chula Vista after spending much of August in Germany and Belgium. They are continuing their preparation for the upcoming Pan American Games through test matches and the next opportunity to see them in action is just around the corner. The USA Women will face New Zealand on the following dates and times:

Sunday, September 4 at 2:00 pm
Monday, September 5 at 2:00 pm
Friday, September 9 at 2:00 pm
Sunday, September 11 at 2:00 pm

The match on Sunday, September 11 will be BROADCAST LIVE at www.usafieldhockey.com for those who can't attend. It will also be the final match for the USA Women before they go to the Pan Am Games, where they will have their first opportunity to qualify for the London 2012 Olympic Games.

The Men's National Team will also be busy with test matches in Moorpark, CA against Barbados and they will play Australia's Development Team in test matches at the Chula Vista Olympic Training Center on the following dates and times:

Saturday, September 17 at 1:00 pm
Sunday, September 18 at 11:00 am

Both the Men's and Women's National Teams will compete in the Pan American Games from October 19 - 29 in Guadalajara, Mexico.



9/11 – A DECADE OF REMEMBRANCE

Memorial Ceremony and 9/11 Tribute Family Run/Walk

Sunday, September 11, 2011
Otay Ranch Town Center
2015 Birch Road, Chula Vista 91915

Registration begins at 8:00 am (in front of REI)

Run/walk begins at 8:30 am

Flat, one mile run/walk. Dogs, strollers, wheelchairs welcome.

FREE t-shirts for youth participants (while supplies last)

FREE lapel pins for adult participants (while supplies last)

Please park in the lot south of the Macy's store, closest to Birch Road.

This is a FREE family run/walk. There is NO COST to participate.

Athletes: Please plan to attend this event to help kick off the one mile run/walk and wear your Team USA gear

The memorial ceremony will begin immediately following the walk. A pancake breakfast will be served and military, police and fire demonstrations and kids' activities will continue through 12:00 pm.

CONSTRUCTION PROJECTS MOVING FORWARD AT THE CHULA VISTA OLYMPIC TRAINING CENTER

Sports Medicine and the Visitor Center projects are both well underway.



Sports Medicine relocated to the AT&T Connections Center back in July so that some major modifications could be made to the building. The project has expanded and as you can see from the photo, it is currently a shell of its former self. When the facility is finished, there will be a cold plunge, a hot plunge, added treatment tables, massage areas, an additional exam room and open space for rehab activity to help athletes stay healthy while they train and recover from injuries faster.

Work on the Visitor Center and conference room modifications also recently started. We are looking forward to showing these projects off as soon as they are completed!

RECENT RESULTS:

BMX - SUPERCROSS WORLD CUP #3 LONDON, ENGLAND, AUGUST 19 - 20

Nic Long, frequent CVOTC user and Lakeside resident, was able to score a bronze medal for the United States in the Elite Men's category at the official BMX Olympic Test Event and UCI Supercross BMX World Cup #3. In the Elite Women's category, Brooke Crain (CVOTC user) finished 9th and Arielle Martin (CVOTC resident athlete) finished 11th.

Rowing - WORLD CHAMPIONSHIPS BLED, SLOVENIA, AUGUST 28 - SEPTEMBER 4

We are also currently in the middle of the Rowing World Championships, which serve as the first opportunity for nations to qualify crews for the 2012 Olympic Games. Updated results will be included in the next Olympic Voice issue.

Track & Field - WORLD CHAMPIONSHIPS DAEGU, SOUTH KOREA, AUGUST 27 - SEPTEMBER 4

We are currently in the middle of the World Championship activities and many of the CVOTC resident athletes will be competing in events between September 2-4. Updated results will be included in the next Olympic Voice issue.

Please email emily.cox@usoc.org with any additional recent results you would like to have published.

ATHLETES IN TRAINING:

Resident Programs:

- Archery
- BMX
- Canoe/Kayak
- Field Hockey
- Rowing
- Track & Field

Short-Term Programs:

August 28 - September 5
Soccer - Men's Paralympic Soccer Camp

September 4 - 10
BMX - Under-23 Elite Camp

September 4 - 11
Field Hockey - Women's National Team
Training against New Zealand (#7 ranked)

September 11 - October 3
BMX - Elite Camp / Supercross Prep



THREE STUDENTS FROM CHULA VISTA'S SISTER CITY (ODAWARA, JAPAN) VISIT THE OTC

The City of Chula Vista's International Friendship Commission plans, develops and carries out economic cooperation and cultural interchange with its sister cities. One of Chula Vista's sister cities is Odawara, Japan and three exchange students visited the Olympic Training Center in Chula Vista. They were delighted to meet Japanese Paralympian Maya Nakanishi who is training on-site with Coach Al Joyner.

UPCOMING EVENTS AT THE CHULA VISTA OTC:

USA Field Hockey Women's National Team..... September 4 - 11 OPEN TO THE PUBLIC (FREE)

Test matches against New Zealand - Sunday, September 4 at 2:00 pm, Monday, September 5 at 2:00 pm, Friday, September 9 at 2:00 pm and Sunday, September 11 at 2:00 pm. Visit www.usafieldhockey.com for more information.

USA Field Hockey Men's National Team September 17 - 18 OPEN TO THE PUBLIC (FREE)

Test matches against Australia's Development Team - Saturday, September 17 at 1:00 pm and Sunday, September 18 at 11:00 am. Visit www.usafieldhockey.com for more information.

BMX Supercross World Cup.....September 30 - October 1 OPEN TO THE PUBLIC

BMX ABA Nationals.....September 30 - October 2 OPEN TO THE PUBLIC

Stay tuned for more info - www.ababmx.com and www.uci.ch

Chula Vista Centennial Celebration..... Saturday, October 15..... OPEN TO THE PUBLIC (FREE)

The stage is set for the city of Chula Vista's 100th birthday. The public is invited to the official Chula Vista Centennial Celebration at the scenic U.S. Olympic Training Center on Saturday, October 15 from 12:00 to 9:00 p.m. Gate admission is free. For Chula Vista, this is the party of the century. Guests can dine all day with a variety of food vendors and in a culinary tasting area. The celebration will also feature a family-friendly carnival, live music and entertainment on two stages, craft beer and margarita garden, shopping opportunities and a fireworks finale. The Olympic Path will have a vintage car show and a chance to learn about Chula Vista's history. Stay tuned for more info - www.ChulaVista100.com

UPCOMING EVENTS IN THE COMMUNITY- Athlete Appearance Opportunities:

9/11 Memorial Ceremony & Run..... Sunday, September 11 from 8:00 am - 12:00 pm..... OPEN TO THE PUBLIC (FREE)

Otay Ranch Town Center

A 9/11 Memorial Ceremony and Community Run will be held at Otay Ranch Town Center and we would like to have athletes participate in the run. The event is free and will include a one mile long tribute run starting at 8:30 am, followed by a ceremony at 9:00 am, breakfast at 9:30 am and CV Police & Fire demonstrations from 10:00 am - noon.

Chula Vista Harbor Days Festival .. Saturday, September 24 from 10:00 am - 5:00 pm OPEN TO THE PUBLIC (FREE)

Chula Vista Marina Sunday, September 25 from 10:00 am - 4:00 pm

The Chula Vista Harbor Days festival at the J Street Marina would like to have a few athletes speak on stage about their residency at the Olympic Training Center, get people excited about the upcoming Olympics and the Olympic Training Center. Exact time and date would be scheduled once we know who is interested in participating.

Athletes, if you would like to be involved at the above events, please stop by the ACI building or contact Emily Cox at emily.cox@usoc.org or 619-482-6148.

