



RISE Instructional Clinic Application
2015-2016

Responsible	<i>Equipment, instruction, 2 year programming from USAFH</i>
Impactful	<i>Sticks in hands, coaches educated</i>
Sustainable	<i>Players equipped to play, coaches equipped to coach</i>
Empowering	<i>Homegrown participation</i>

RISE Instructional Clinics are USAFH’s initiative to continue to invigorate the love of the game in the beginning player focusing on the 11 and under age group and to ensure quality coaching in the youngest player base. The clinics will be awarded to enthusiastic and emerging areas that apply.

Ideal candidates for RISE are programs that have access to children ages 11 and under – successful Fundamental Field Hockey programs, high school coaches and club coaches who find value in running this sort of programming to continue their own success and build the player base; AND need education for their coaches and the general demographic area’s coaches.

The RISE program is a two year award with the player instructional clinic in year one and in the second year, the site will be one of our first 10 Coach Education Program Level 1 Instructional Clinic offerings. There will be one Level 1 for all 10 RISE sites in 2016. The player clinic sessions will follow a development curriculum broken down into a 3 hour session written by USAFH Coaching Education. The clinics can be scheduled from June until December for 2015. The hosting organizations can determine the age and gender groups offered (U8, U10, U12 or any combination thereof that meets the area’s needs) and when the clinics will be. The hosting organization is responsible for providing 1 head coach and 3 assistant coaches to work with the young athletes. All coaches must be members of USAFH and have a current background check through USAFH’s service provider. Additionally, each site will need to supply one Athletic Trainer. Coaches and Athletic Trainers will be paid directly by USAFH.

The cost of the clinics per player is \$75. For their registration fees, athletes receive:

- 1.) USAFH U12 Membership
- 2.) Coaching instruction
- 3.) T-shirt
- 4.) Stick

****Athletes who already own a stick are encouraged to give their current stick to a friend who doesn’t play and might want to try out the game.****



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The application deadline for RISE is on a rolling basis and must be submitted at least 12 weeks before the requested clinic date. Registration will be available no later than 11 weeks before the clinic date on www.usafieldhockey.com. Hosts will provide all site and safety information via the application – as well as a coach staffing and marketing plan for both the player and coach instructional clinic pieces. Hosts can request CEP Instructional Clinic dates for 2016 at that time as well. Interested organizations can apply using the application below and return it via email to Kyle Boyer, National Development Director at kboyer@usafieldhockey.com.

USAFH believes in growing the love of the game at a young age and that early positive experiences with the game will keep more athletes playing for life. Further, growing the base of athletes and coaches allows for the game to flourish to its fullest potential at all levels.



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Application Timeline:

- February 1, 2015 – Clinic hosting applications available
- Applications must be returned via email 12 weeks prior to the requested clinic date
- Registration for clinics will be available on www.usafieldhockey.com 11 weeks prior to clinic date

All clinics must take place between June and December 2015

Eligibility Requirements:

- Applicant must be an organization with some existing field hockey programming
- Strong interest in developing the beginner and U12 player base and subsequently providing education and training for local coaches
- Attendance at each clinic should be no less than 50 players
- USA Field Hockey aims to host instructional clinics in all 10 regions in 2015 for players and in 2016 for coaches

Hosting Application Requirements:

- **Pages 5-10 of the application form must be legible and complete, including all contact information.**
- Please DO NOT submit additional materials (brochures, certificates, presentations, videos, etc.).
- Submit typed, completed application packet via email.

RISE Instructional Clinic Host Requirements:

Groups hosting a RISE Instructional Clinic must meet the following requirements:

- Adhere to site hosting guidelines, including appointing a clinic coordinator who is responsible for hosting duties.
- Provide and secure a facility that meets baseline requirements for clinic.
- Secure 1 head coach, 3 assistant coaches and 1 athletic trainer
- Sign and submit a RISE Instructional Clinic agreement which confirms agreement to complete the following tasks:
 - Immediately contact USA Field Hockey to finalize clinic date within required timeframe and facility.



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- Commit to promoting the clinic to all area field hockey organizations, prior to the clinic date.
- Direct participants to online registration for clinic (pre-registration only – no onsite registration).
- Submit appropriate paperwork to ensure timely payment of coaches and staff upon completion of the clinic.
- Submit a post-clinic report and evaluation of this program.
- Reflect USA Field Hockey support of event by including USAFH promotional materials and references in communications with participants and community members (mail, website, etc.), and providing quotes regarding the program when appropriate and requested by USAFH.

Please note: As this program develops, we are looking to potentially establish long-range, annually scheduled sites and hosting relationships that prove to be excellent for this learning experience. Established sites and hosts may not be subject to repeated in-depth hosting application process in the future.

Please email the complete application to:

Kyle Boyer
National Development Director
kboyer@usafieldhockey.com
Questions: 919.928.2649



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Applicant Information (all information is required):

Applicant name: Ms. Mrs. Mr. _____

Applicant Group/Organization Name: _____

Mailing address of applicant: _____

Phone (home and work) _____

E-mail address: _____

Applicant's current USAFH membership number: _____ (if applicable)

Is the applicant group/organization a USAFH club? _____

Applicant's relationship to/experience with applicant group?

Will the applicant be the coordinator for the clinic? Yes No

If no, list the name, address, phone, e-mail and USA Field Hockey Membership number (if applicable) of clinic coordinator:

Name: _____ Membership # _____

Address: _____

Phone: _____

E-mail: _____

Is this where we should ship the clinic materials and equipment? _____

If no please provide shipping address here:

Clinic Information (all information is required):

Which gender clinic are you looking to host?

Boys' Girls' Both

Which age group will most likely be involved?

U8 U10 U12 OTHER



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How many players do you anticipate attending this clinic?

Will there be other field hockey events or activities occurring during the clinic? Yes
No If yes, please describe:

Please list the top three dates when you would like this clinic to occur between June
2015 and December 2015.

1. _____

2. _____

3. _____

**Dates not guaranteed*

Please list the top three dates when you would like the Coaching Education Program
Level 1 Instructional Clinic for Coaches in 2016.

1. _____

2. _____

3. _____

**Dates not guaranteed*

Please describe any other clinics or other educational opportunities available in
your area for field hockey players and
coaches.

Site information

A. Location where clinic will be held (*please refer to Site Requirements*)

Name: _____

Address: _____

B. Cost, if any, for facility. Please explain.

C. Contact person at site: _____

Phone _____ E-mail _____



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D. Please explain where parents should park while dropping of players:

1. Please explain why your organization desires to RISE Instructional Clinic and how this opportunity will benefit your field hockey community as a whole:



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RISE Instructional Clinic Facility Information Worksheet

Clinic Type (boys', girls', combination):
Age group(s):
Date:
Proposed start and end times (3 hours total):

Location of Clinic:
(Please provide address and general directions)

Number of expected attendees:

Name of hosting coordinator and cell phone number:

FIELD SPACE: Check all that will be available and set-up at time of clinic.

Must be provided by host:

At least 1 full field per clinic

Outdoor

Indoor

-If outdoor, MUST have inclement weather space available inside-describe below

 Goals (2)

Ice and water

Pinneys

Cones

Balls

Additional information about facility or groups attending:



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RISE Instructional Clinics
Hosting Agreement

Guidelines:

- Hosting organizations shall provide reliable, committed site coordinator
- Facility must meet site requirements outlined on Site Requirements sheet)
- A minimum of 50 players per clinic
- Provide 1 head coach, 3 assistant coaches and 1 athletic trainer (paid by USAFH)

Hosting organization responsible for:

1. Securing clinic site, head and assistant coaches and athletic trainer
 - a. Providing the required coach information to USAFH to ensure payment
2. Local marketing, publicity, and some communication with registrants as clinic

USA Field Hockey will provide:

- 3 hour clinic curriculum written in line with USAFH Athlete Development Model for U12 age group
- Coaching resources and possible mentorship opportunities where available
- Facility fee payment
- Staff compensation
- Online registration
- National publicity of clinics and support materials for local marketing
- Clinic materials for attendees – sticks and t-shirts
- Certificate of Insurance for hosting site when needed

USA Field Hockey reserves the right to cancel a clinic if pre-registration interest is lower than minimum requirement two weeks prior to clinic.

I verify that in submitting this application I have read 1) the scope and overview of the RISE Instructional Clinics, 2) facility requirements, and 3) hosting responsibilities. I verify that my organization is able to provide the staffing and site requirements and that USA Field Hockey reserves the right to cancel the clinic if pre-registration is below minimum required number of attendees two weeks prior to the clinic.

Applicant Signature _____ Date _____



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