2014 U.S. Paralympics Track & Field
National Championships
June 18-22
College of San Mateo
San Mateo, CA

ATHLETE INFORMATION

Hosted by: U.S. Paralympics and USA Track & Field Pacific Association
About U.S. Paralympics

U.S. Paralympics, a division of the U.S. Olympic Committee, was formed in 2001 to increase support for Paralympics sport in the USA. U.S. Paralympics coordinates the preparation and selection of athletes to U.S. Paralympic Teams, both summer and winter, in conjunction with pertinent National Governing Bodies (NGBs) and other partner organizations. U.S. Paralympics also works with national and locally focused sport organizations that offer Paralympic programs to children and other developing athletes. Through these efforts, U.S. Paralympics promotes Olympic ideals throughout the American population, especially among those Americans who have physical and visual disabilities.

National Championships Contact Information

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Event Website

Host Hotels

Crowne Plaza Foster City/San Mateo
1221 Chess Drive, Foster City, CA 94404, Phone: 650-570-5700
- This hotel provides an airport (no wheelchair lift) shuttle service (6am-10pm only)
- This hotel will be included in the complimentary competition venue transportation route 18-23 June
- Complimentary on-site parking
- Complimentary High-Speed Internet
- Complimentary scheduled shuttle (van-no wheelchair lift) to/from Hillsdale Shopping Center
- Meeting room provided on lobby level for equipment storage

Courtyard Marriott-San Mateo Foster City
550 Shell Blvd., Foster City, CA 94404, Phone: (650) 377-0600, Fax: (650) 377-1983
• This hotel does not provide an airport shuttle service
• This hotel will be included in the complimentary competition venue transportation route 18-23 June
• Complimentary on-site parking
• Complimentary High-Speed Internet
• Complimentary breakfast (please see details below)
  ▪ Breakfast for four (4) guests included in the rate for June 16-18
  ▪ Breakfast for two (2) guests included in the rate for June 19-22
  ▪ Group will be provided with Pre-Order Bistro Breakfast menus upon check in. Menus will need to be completed and turned into the Front Desk by midnight the night prior. Room rate includes selection of one (1) each of the following: Breakfast Sandwich OR Fast & Fresh Selection along with one (1) Beverage daily. (Additional Bistro Breakfast items may be purchased in The Bistro at regular pricing. Applicable tax and service charge not included).

Residence Inn San Francisco Airport/San Mateo
2000 Winward Way, San Mateo, CA 94404, Phone: 650-574-4700 or 1-800-331-3131, Fax: 650-572-9084
• This hotel does not provide an airport shuttle service
• This hotel will not be included in the complimentary competition venue transportation route
• Complimentary on-site parking
• Complimentary High-Speed Internet
• Complimentary breakfast

Airport/Public Transportation Recommendations
Airport transportation (no wheelchair lift) is provided (complimentary) by the Crowne Plaza to/from the San Francisco airport (SFO) (the other host hotels do not provide airport transportation).

Visit the San Mateo County Convention & Visitors Bureau website for local information.

• Rental Car
  o Visit the San Mateo County Convention & Visitors Bureau website for special rates with Enterprise Rent-a-Car (San Francisco Bay Area locations).
• Taxi
  o Pick-up a taxi just outside the terminals near baggage claim of the San Francisco Airport (SFO)-contact local companies for fares
  o Serra Yellow Cab website
• Super Shuttle
  o Discounted van transport fare per van per way--$2 off per shared ride and $5 off per exclusive (discount is applied to airport transport only)
  o Reservations website

Competition Venue
College of San Mateo Track and Field Stadium: 1700 West Hillsdale Avenue, San Mateo, CA

Rules
IPC Licensing
Athletes must have a 2014 IPC License in order for results from the National Championships to: be included on the IPC world and regional ranking lists, count for a world and regional record application, be considered for National Team status, be considered for Games/World Championships team selection, be eligible for IPC International Classification.

IPC Approved Event
The 2014 U.S. Paralympics Track and Field National Championships will be hosted as an IPC Approved event. All results will be sent to the IPC for Rankings and Records verification.

Eligibility
The 2014 U.S. Paralympics Track and Field National Championships is open to U.S. and international athletes with physical, visual and intellectual disabilities who have met the entry standards. Per IPC Rules, athletes must be 14 years of age by December 31, 2014 to be eligible to compete.

International Athletes
**U.S. Paralympics reserves the right to limit the number of international athletes proceeding to a final of each track and field event.**

Junior Athletes
USA athletes between the ages of 14-19 are considered “Junior” athletes for the 2014 U.S. Paralympics Track and Field National Championships. The Junior events will be combined with the Elite events. Juniors will throw the adult weight implements.

Registration and Credentials
Registration for the 2014 U.S. Paralympics Track & Field National Championships will close on June 15, 2014 at 11:59pm, and no further entries or changes will be accepted. The $55 registration fee (per athlete) includes one Athlete Support credential for the coach designated in the athlete’s registration and (if applicable) one additional Athlete credential for the guide designated in the athlete’s registration. Additional Athlete Support credentials are $55.00 and can be purchased at Packet Pick-up. Credentials must be worn in order to access coach/athlete designated areas or the competition venue without a spectator ticket.

Event Schedule
The program will include events projected to be contested at the 2015 Parapan American Games, 2015 IPC Athletics World Championships and 2016 Paralympic Games. The competition schedule is TENTATIVE. The final schedule will be posted/published on Friday, June 19th (after international classification).

Packet Pick-up (College of San Mateo Track & Field Stadium)
Athletes should pick up their shirt and credential the day prior to their first event.
- June 19: 2:00pm - 6:00pm
- June 20-22: Approx. one hour prior to the start of each competition session - the end of each competition session

Training & Equipment Storage (College of San Mateo Track & Field Stadium)
- June 18-19: 9:00am - 5:00pm
- June 20-22: Approx. one hour prior to the start of each competition session - the end of each competition session
Merchandise
Event merchandise will be sold during the times of Packet Pick-up near the Packet Pick-up area at the College of San Mateo Track and Field Stadium. Only Cash and VISA credit card will be accepted for payment.

Tickets
Spectator tickets for the 2014 U.S. Paralympics Track and Field National Championships will be sold at the main entrance gate during the times of competition on June 20-22. Tickets are $15 per person for an all-session pass (free admission for children under 10 and persons with a physical disability). A portion of the ticket sales will be donated to a local Paralympic track and field club. Only Cash and VISA credit card will be accepted for payment.

Parking
Parking is free/open on the College of San Mateo campus; however, there are some lot restrictions on campus which are marked and will be enforced throughout the time of the event (i.e., Olympian Lot 12). Officials should park in the lowest Bulldog Lot-9D. Athletes, volunteers, VIPs, spectators, etc. should plan to park in Bulldog Lots 9B and 9C (then follow East Perimeter Road to Athletic Loop Road to access the stadium through the main entrance gate). Beethoven Lot can be used if all other parking areas are not available.

The drop-off area is in Stadium Lot 11 which is off East Perimeter Road.

Directions
College of San Mateo Track and Field Stadium Campus directions:
Exit highway 92 via West Hillsdale Blvd. exit. Use the first college entrance from Hillsdale and turn right immediately. Keep right on the East Perimeter Road. After the first crest (with stop signs), continue down the Perimeter Road towards athletic facilities. Continue past the first lower parking (Stadium) lot (which will be to your right and next to tennis courts). Continue uphill on East Perimeter Road and follow signs for Bulldog Parking Lots.

Driving Directions (hotels to College of San Mateo)

Driving Directions (College of San Mateo to hotels)

International Classification
Classification will take place at the College of San Mateo (track and field stadium upper locker room). Athletes should arrive ten minutes prior to the appointment in order to complete the necessary paperwork. If you are delayed for any reason on the day of your appointment please call Erin Popovich at: 719-238-9580.

Athletes are required to attend their scheduled international classification appointment. Failure to attend the scheduled international classification appointment (or call in advance with a resolvable conflict) may result in receiving an incomplete classification and being removed from the competition according to IPC rules.

Classification Appointment General Information:
- Bring all of your competition equipment with you to your classification appointment (i.e., throwing chair, racing chair, helmet, gloves, tie downs, implements, running leg(s), running shoes, etc.). The classifiers may ask you to demonstrate your function using your competition equipment so be sure that you bring everything with you.
- You should wear comfortable/training type clothing to the classification appointment.
• You are strongly encouraged to bring a representative with you to your classification appointment. This one individual can be a coach, parent, friend, etc. and will go through the classification process with you.
• Please bring your ID or passport with you to your appointment.
• Classification Rules and Regulations can be found by visiting the IPC Athletics website: http://www.paralympic.org/athletics/classification/rules-and-regulations Be sure to read through the IPC Athletics Classification Rules and Regulations prior to your appointment so that you know what to expect during the classification process and so that you know the protest fee and process.
• Athletes should bring a copy of their Medical Diagnostics Form and appropriate supplemental documentation with them to their classification appointment (i.e., this is the classification form and supplemental documents that were submitted to Erin).

Event Transportation
Wheelchair accessible event transportation for coaches/athletes with a credential will be provided to/from the College of San Mateo Track and Field Stadium to/from the Crowne Plaza/Courtyard based on the following schedule. Competition equipment is not allowed on the passenger buses.

**June 18 (Wednesday)**
*Depart Crowne Plaza then Courtyard to College of San Mateo*
1:30pm  
3:30pm  
5:30pm

*Depart College of San Mateo to Courtyard then Crowne Plaza*
2:30pm  
4:30pm

Last bus will depart after the completion of international classification

**June 19 (Thursday)**
*Depart Crowne Plaza then Courtyard to College of San Mateo*
8:30am  
10:30am  
1:30pm  
3:30pm  
5:30pm

*Depart College of San Mateo to Courtyard then Crowne Plaza*
10:00am  
Noon  
2:30pm  
4:30pm

Last bus will depart after the completion of international classification

**June 20 (Friday)**
*Depart Crowne Plaza then Courtyard to College of San Mateo*
6:30am  
7:30am
8:30am
9:30am
1:30pm
2:30pm
3:30pm

Depart College of San Mateo to Courtyard then Crowne Plaza
11:00am
Noon
1:00pm
4:00pm
5:00pm
6:00pm
7:00pm or 30 mins. after completion of the last event

June 20 (Saturday)
Depart Crowne Plaza then Courtyard to College of San Mateo
8:30am
9:30am
1:30pm
2:30pm
3:30pm

Depart College of San Mateo to Courtyard then Crowne Plaza
11:00am
Noon
1:00pm
4:00pm
5:00pm
6:00pm or 30 mins. after completion of the last event

June 22 (Sunday)
Depart Crowne Plaza then Courtyard to College of San Mateo
7:30am
8:30am
9:30am

Depart College of San Mateo to Courtyard then Crowne Plaza
11:00am
Noon or 30 mins. after completion of the last event

Competition Equipment Transfer
Competition equipment (i.e., racing chairs, throwing frames, etc.) will be moved from the designated storage areas at the Crowne Plaza/Courtyard to the designated storage area at the College of San Mateo Track and Field Stadium according to the following schedule. Athletes can use the tags in each storage area to mark your equipment (blue=Crowne Plaza, green=Courtyard). Equipment is not allowed to be transferred on the passenger buses.
Depart Crowne Plaza/Courtyard to College of San Mateo
June 18: 2:00pm
June 19: 9:00am and 4:00pm
June 20 and 21: 6:30am and 1:30pm
June 22: 7:30am

Depart College of San Mateo to Crowne Plaza/Courtyard
June 20 and 21: 7:00pm
June 22: 1:00pm

Equipment
Racing chairs, throwing frames and equipment can be stored at the competition venue (at your own risk) from 18-22 June. Athletes in the wheelchair track events must provide their own helmet (and wear it) for ALL races. Starting blocks and guide vests will be provided for ambulatory athletes.

Athletes should bring their own equipment and throwing implements. Personal implements and throwing chairs must be approved through weights and measures prior to the event. Weights and Measures will be available at the competition venue based on the following schedule. Once the implements are weighed/measured, they will be impounded and athletes may pick them up after the event at Weights and Measures area.

Implement Weigh-in*/Throwing Chair check (College of San Mateo Track & Field Stadium)
- June 19: 2:00pm - 6:00pm
- June 20-22: See competition schedule

*Competition specific equipment (i.e., throwing implements, etc.) is NOT provided--athletes MUST bring their own equipment for the competition.

Event Changes
NO EVENT CHANGES (scratch or add). Scratches will only be accepted for a legitimate medical reason and must be reported to the Clerking/Call Tent as soon as possible but no later than 90 minutes prior to the start of the event.

Field Events
Heights for the high jump will be assigned at the event. Only coaches of the F11, F12, F32, F51, F52 and F53 classes during their event will be allowed access to the field of play (coaches should check-in with the athlete and plan to stay in the competition area through the end of the event. Throwing frames will be checked during the times of implement weigh-in.

Track Events
Athletes may only use 1/4” spikes at the competition venue (except for the high jump). Spikes will be checked in Call/Clerking Tent. Double leg amputee height and wheelchair track chairs will be checked at the Clerking/Call Tent approximately 30 minutes prior to the start of each event.

Call/Check-in Times
- All Track Events: Check-in with the Call Room/Clerking Tent 30 minutes prior to the start time of the event (double leg amputee height and wheelchair track chairs will be checked at the Clerking Tent).
Seated Throws: Check-in with the Call Room/Clerking Tent 30 minutes prior to the start time of the event (Throwing frames will be checked at the Clerking Tent).

Ambulatory Field Events: Check-in with the Call Room/Clerking Tent 45 minutes prior to the start time of the event.

NO electronic devices will be allowed in the clerking area or on the field of play and will be confiscated if used.

**Bib Numbers**
Each athlete will receive and is required to wear one bib number. Bibs should be worn as follows:
- Ambulatory Track: front of uniform
- Wheelchair Track: back of racing chair
- Ambulatory Jumps and Throws: front or back of uniform (athlete’s choice)
- Seated Throws: front or back of uniform (athlete’s choice)

**Warm-up**
The baseball stadium outfield next to the track and field stadium will be used for ambulatory warm-up during the times of competition in addition to Stadium parking Lot 11 for wheelchair warm-up. The schedule is built with specific times for wheelchair track athletes to set their compensators on the track prior to their event.

**Doping Control (USADA)**
Drug Testing will be conducted by and will follow all US Anti-Doping Agency (USADA) policies and procedures.

More information about banned substances and doping control can be found by visiting: [www.usada.org](http://www.usada.org). All athletes who compete in the 2014 U.S. Paralympics Track and Field National Championships are subject to drug testing. Drug Testing will take place in the Swimming pool building on campus. If athletes are notified for drug testing they must bring an ID with them and are allowed and strongly encouraged to have one representative to accompany them through the drug testing process.

**Photography**
Event photos may be taken during the competition by accredited media. Personal photography will be allowed outside of the competition areas. Personal photography is not allowed in competition areas.

**Results**
Results will be posted at the competition venue, at the host hotels and on the event website. The Official Competition results will be posted on the outside wall of the press box. Live results will be posted on the event website and [www.RecordTiming.com](http://www.RecordTiming.com)

**Awards**
Awards will be given to the top three finishers in each event and the top three finishers of the combined events (based on points). The Awards tent will be located near the press box. Awards will be distributed approximately 35 minutes after each event unless a protest is filed for the event. Athletes are responsible for collecting their own medals after their competition.

**Protests**
All protests will be handled according to IPC/IAAF rules. Protests can be filed in the Call/Clerking Tent with the Head Clerk no later than 30 minutes after the official competition results are posted (near the Packet Pick-up Room).
up area). There will be a $50.00 protest fee that will be forfeited if the protest is not upheld by the Track/Field Referee. If the protest is then sent to appeal another $50 fee is required and will be forfeited if the protest is not upheld by the Jury of Appeals.

Medical
Medical staff, emergency services and first aid will be available only during all the hours of training and competition.

Emergency Plan
If weather interrupts the competition, everyone in/around the stadium will evacuate to the locker rooms.

Weather
Be sure to check the weather for the competition prior to traveling to the event. You may benefit from bringing the following items: hat, sunglasses, sunscreen, wind/rain jacket and a water bottle.

We will provide as much shade as possible, but please note that tent areas are primarily meant for athlete use only during the time(s) of their competition.

Athlete Social Event
Athletes participating in the 2014 U.S. Paralympics Track and Field National Championships are invited to attend a social event which will take place from 5:00-7:00pm at the College of San Mateo Track and Field Stadium. National Championships participants can enjoy light refreshments while visiting with athletes and staff from the local Paralympic community.

Visitor Information
- Discover the Best of the San Francisco Bay Area! Visit www.VisitSanMateoCounty.com for information on things to do and see while you’re in San Mateo County/Silicon Valley.
- Map of San Mateo County/Silicon Valley
- Plan your visit