



Sanctioned Event Requirements/ Rules:

Requesting a Sanction:

1. When completing an Official Event Sanction Request Form:
 - a. This sanction form must be completed online via Webpoint and submitted at least 10 days prior to the date of the event.
 - i. The National Office will process the insurance requests within 5 business days, and the event will be posted on the website within 10 business days of receiving.
 - b. A sanctioned meet requires a minimum of six (6) USAW-registered competitors.
 - i. For instances where there are only 6 athletes registered and for whatever reason one (or more) athlete is not a member, the entire set of results for the meet will be disallowed.
 - c. If you require any changes to your sanctioned event once it has been processed, the Meet Director will incur a \$25 administrative fee prior to any change taking affect.
 - d. All members of USA Weightlifting are eligible to compete in any open event. Should you wish to define those eligible to compete, you must declare this within the description section of the meet request.

At the Meet:

2. No alcohol is permitted in the competition or warm-up areas.
 - a. Violators of the No Alcohol rule will no longer be able to host/run an event.
3. All participants of USA Weightlifting sanctioned events must be current USA Weightlifting member *BEFORE* they are allowed to lift. Membership forms completed at the meet, membership payments, and meet results must be received by the National Office no later than two (2) weeks after the meet.
 - a. Any pending membership results will not be official until the application is processed.
4. A meet is required to have at least 3 referees with a minimum of LWC referee rating per session. Referee requirements at <http://www.teamusa.org/USA-Weightlifting/Referees/Referee-and-Competition-Secretary-Information>
5. All weights must be in kilograms.

Results:

6. Until further notice, meet results will be uploaded by the National Office.
7. The Official Score Sheet is required for all meet results. We will not accept any other Score Sheet.
 - a. <http://www.teamusa.org/USA-Weightlifting/Resources/Forms>
 - b. To submit results, please email the Score Sheet in either Excel or csv format to usaw@usaweightlifting.org. Handwritten results will not be accepted.
 - c. Values must be numeric. Missed attempts should be recorded as "--", (i.e. -100); "X" will not be accepted.
8. Meet directors must submit the results of the meet to the National Office within fourteen (14) days after the meet.
 - a. If you are notified of a problem with your meet results, you have one (1) week to correct and resubmit results.
 - b. If results are not corrected within that week timeframe, the meet director will be disciplined in the same manner as above.
 - c. Once uploaded, it is the responsibility of the meet director to review the results and contact the National Office with any discrepancies within 30 days of the meet.
 - i. If an athlete notices a discrepancy, please contact the meet director.
 - d. In order to change the results, the National Office will need a copy of the Original Marshall Card, via photo or scan. An email with the information to be corrected is not sufficient.
 - i. Therefore, we recommend Marshal cards be kept for 60 days.
9. The National office will have ten (10) business days to upload the results after they are received from the meet director.
10. If a violation of ANY requirement occurs, then that meet director and their associated club will have future sanctions withheld for a period of six (6) months for the first offense and thirteen (13) months for the second offense. A third offense (or more) will result in your case being reviewed by the USA Weightlifting Board of Directors, and a sanction at their discretion. Appeals may be requested in writing and addressed to USA Weightlifting to distribute to appropriate Committees.