



# OLYMPIC VOICE

U.S. OLYMPIC TRAINING CENTER, CHULA VISTA

NOVEMBER 1 - 15, 2011

## NOVEMBER 2011 ATHLETE OF THE MONTH: YVETTE LEWIS

### Track & Field

Yvette Lewis won the athlete of the month distinction after cleaning up a gold and silver medal at the recent Pan American Games. First up, she competed in the 100m hurdles. After finishing first in her semi-final heat, she clearly stated “my goal is to win and get the gold.” And she did that, in just 12.82 seconds. She broke a Team USA medal drought that had been going on since 1999 and won the first U.S. gold in the event since 1987.



Next up, she was a key runner in the 4x100 sprint, taking a quick break from the triple jump competition to run the third leg. Brazil powered past the Americans in the final leg, bringing Team USA to its second straight silver medal in the event at the Pan American Games. Finally, she put up a tough fight in the triple jump event and finished in 7th place.



Yvette was born in Germany but spent her early years in Jackson, Tennessee before moving to Newport News, Virginia. She first developed an interest in track because her mom had run track and then her high school coach, Juan Jackson, later asked her to come out for the track team. She was hooked on track from the time of her first competition – she loved the feeling and she wanted to win every time she stepped on the track.

During a successful college track career, she was named Hampton University’s 2006 Athlete of the Year, won the title of 2007 NCAA Outdoor champion and was runner-up in the 2007 USA Outdoor Championships. These accomplishments brought her to the Chula Vista resident athlete program in 2008.

Outside of her track & field life, Yvette enjoys going to the movies, shopping, dancing and trying to discover more fun and exciting things to do in Chula Vista and Southern California.

*Photos: Getty Images*

## ANNOUNCEMENTS:

- **Athlete Check-In Holiday Hours: Veteran’s Day**, Friday, November 11: 8:00 am - 4:00 pm; **Thanksgiving Weekend**, Wednesday 11/23: 8:00 am - 2:00 pm; Thursday 11/24: 10:00 am - 6:00 pm; Friday 11/25: closed
- The San Diego Ballet is setting aside 40 tickets to each of their 2011/2012 shows in order to offer FREE tickets to resident athletes. Shows are The Nutcracker on December 17 & 18 and a mixed evening of Romance performances on February 10, 11 & 12. See the flyer on the bulletin board upstairs from the dining hall for more information on how to reserve tickets
- We have discount coupons to Six Flags Magic Mountain for athletes (\$25 off). Stop by ACI to pick one up. Valid through March 18, 2012



## IV PARAPAN AMERICAN GAMES

As the Pan American Games came to a close over the weekend, the activity for the Parapan American Games is gearing up. Similarly, the Parapan American Games are an international multi-sport event and will also be held in Guadalajara, using many of the same venues. Opening ceremonies will be held on November 12. Through November 20th, over 1,500 athletes with physical disabilities will compete in nearly 380 events from 13 different sports.



The Parapan American Games were first held in 1999 and have been held in conjunction with the Pan American Games every four years since then. Host country Mexico currently leads the all-time medal count from the Parapan American Games, but Team USA will be looking to bring up the medal count this year.

guadalajara 2011  
PARAPAN AMERICAN GAMES

The Olympic Training Center in Chula Vista has hosted a couple of Parapan Pam Prep Camps in recent weeks, so we'll be keeping a special eye out for the performance of the Paralympic soccer, archery and track & field teams.

Paralympic soccer debuted at the 1984 Paralympic Games and Team USA made its first appearance in the 1992 Barcelona Games. There are a few differences between the fields of play for Olympic and Paralympic soccer – for one, soccer is played on a 75 x 55m field with a 5 x 2m goal. Generally, standard FIFA rules apply for seven-a-side soccer, but there is no off-side rule and there are two 30-minute halves. Paralympic soccer competition is open to male athletes with cerebral palsy/brain injury/stroke and under-arm throw-ins are permitted if a player is physically unable to execute a throw-in according to FIFA rules.



Paralympic archery was introduced as a medal sport in the first Paralympic Games (Rome 1960). The competition format is nearly identical to the Olympic Games (72 arrows from a distance of 70 meters; perfect score would be 720), but Paralympic archery is open to both compound and recurve bows while Olympic archery allows only recurve bows. Paralympic archery competition is open to male and female athletes with physical disabilities such as amputation/limb loss, spinal cord injury/wheelchair-users and cerebral palsy/brain injury/stroke. In the open men's recurve division, the U.S. will be represented by Steven Bosson, Michael Lukow and Russell Wolfe. For open women's recurve, the U.S. archers will be Eileen (Lee) Ford, D'arce Hess and **Natalie Wells**, a frequent CVOTC user. Lewis (Dugie) Denton, Jonathan Mize and Matthew Stutzman will comprise the open men's compound team.

Paralympic track and field rules are also nearly identical to Olympic track & field rules. Paralympic track and field competition is open to male and female athletes with physical disabilities such as dwarfism, amputation/limb loss, blindness/visual impairment, spinal cord injury/wheelchair-users and cerebral palsy/brain injury/stroke. From the Chula Vista Olympic Training Center Paralympic Track & Field resident athlete roster, **Rob Brown**, **Blake Leeper**, **Brandon Pelletier** and **Shaquille Vance** will be representing Team USA at the Parapan Am Games.

(References: [www.usparalympics.org](http://www.usparalympics.org); [www.usarchery.org](http://www.usarchery.org); Photo: Getty Images)



# XVI PAN AMERICAN GAMES HIGHLIGHTS



Team USA closed down the Pan American Games on Sunday, October 30 with the highest medal count, leading by 95 medals. There were several great performances, but a few had direct London 2012 impact. Carrie Johnson (Canoe/Kayak) won the gold medal in both the K-1 200m and K-1 500m, which secured spots for Team USA in London 2012.

Field hockey came up with a huge win to upset the Argentina (#1 ranked) in the final. Now they'll come home with the gold medal and a secured spot in the London Olympics.

guadalajara 2011  
XVI PAN AMERICAN GAMES



Photos: Getty Images



## RECENT RESULTS:

### All Sports - PAN AMERICAN GAMES MEDAL COUNT

	Gold	Silver	Bronze	Total
<b>1. United States</b>	<b>92</b>	<b>79</b>	<b>65</b>	<b>236</b>
2. Brazil	48	35	58	141
3. Cuba	58	35	43	136
4. Mexico	42	41	50	133
5. Canada	30	40	49	119

### Chula Vista Resident Athlete Programs - PAN AMERICAN GAMES MEDALS

Archery - Men's Team Gold; Women's Team Silver; Individual Gold for Brady Ellison

BMX - Women's Silver for Arielle Martin; Men's Gold for Connor Fields; Men's Silver for Nic Long

Canoe/Kayak - Women's K-1 500 Gold and K-1 200m for Carrie Johnson, Women's K-2 500 Bronze for Maggie Hogan

Field Hockey - Women's Team Gold

Rowing - Gold for Men's 8, Gold for Men's Pair

Track & Field - 100m Hurdles Gold for Yvette Lewis, Discus Silver for Jarred Rome, 4x100 Relay Silver for Yvette Lewis, Pole Vault Bronze for Becky Holliday

Please email [emily.cox@usoc.org](mailto:emily.cox@usoc.org) with any additional recent results you would like to have published.

## ATHLETES IN TRAINING:

### Resident Programs:

Archery  
BMX  
Canoe/Kayak  
Field Hockey  
Rowing  
Track & Field

### Short-Term Programs:

#### October 30 - November 3

Cycling - Road & Mtn. Bike National Talent ID Camp

#### November 4 - 11

BMX - Under-23 Camp

#### November 6 - 11

Ski Jumping - Men's Ski Jumping Training Camp

#### November 10 - 23

Rugby 7s - Men's National Team Dubai Prep

#### November 13 - 20

Archery - Junior Dream Team Training Camp

#### November 15 - December 16

Canoe/Kayak - Czech Republic National Team Camp

# PUMPKIN CARVING AT THE CVOTC

Some of our resident athletes showed off hidden talents in this year's pumpkin carving contest on Thursday, October 28. The spirited competition provided festive decorations for the back of the dining hall over Halloween weekend and the judging of the pumpkins was tough - ultimately Olympic-themed pumpkins triumphed over the rest and Jacob Wukie's Halloween archer won the highest honor as decided by a couple of OTC staff members.



Pictured above:  
Jacob Wukie (Archery)  
with his prize-winning  
pumpkin!



## UPCOMING EVENTS AT THE CHULA VISTA OTC:

### Intergenerational Games ..... Wednesday, November 9

The U.S. Olympic Training Center in Chula Vista will play host to the Chula Vista Intergenerational Games, a day of activities that pairs up kids with older adults to bridge generation gaps and provide a fun and fulfilling day. The event is organized by the County of San Diego Health & Human Services Agency.

### 2011 USRowing Fall West Coast Speed Order .....November 10-11

The U.S. Olympic Training Center in Chula Vista will host the 2011 USRowing Fall West Coast Speed Order. The results will determine selection camp invitations, a very important first step in narrowing down the athletes that will try to gain Olympic qualification in Lucerne in May, and ultimately compete in London.

